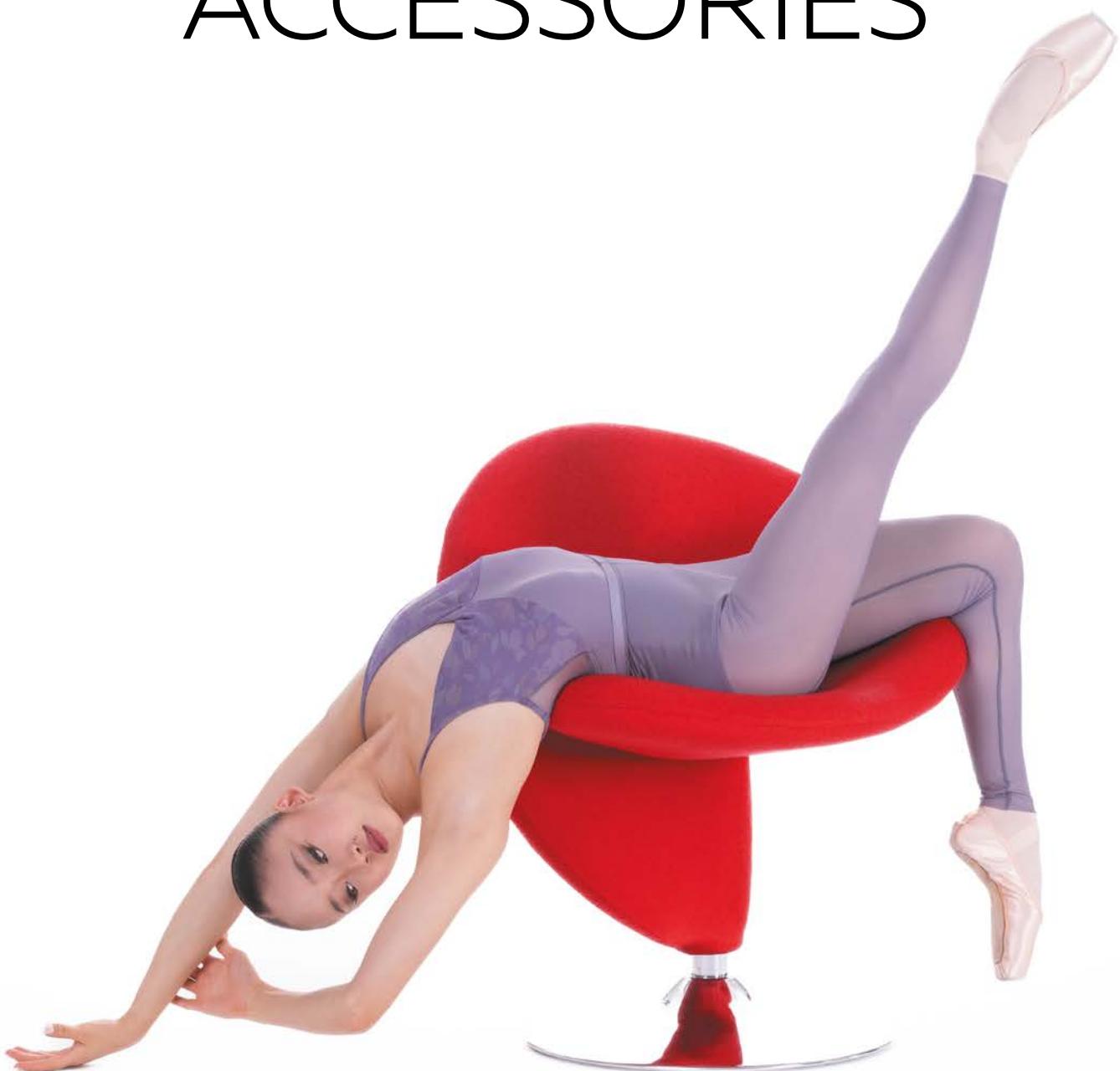


**Grishko®**

2026  
SHOES &  
ACCESSORIES



# POINTE SHOES



GRISHKO® offers the widest variety of pointe shoes on the market. The number of stock model variations (model, shank, size, width, strength) exceeds 20000, and this number doesn't include the additional technologies, colors, and individual orders with different adjustments!

Often dancers use one particular model of pointe shoes in different shanks depending on the performances they will partake in.

And sometimes, they require slight adjustments to their stock model. To make this easier for our customers, we have added a number of technologies and options to fully customize fit, look and even the function of the pointe shoe.

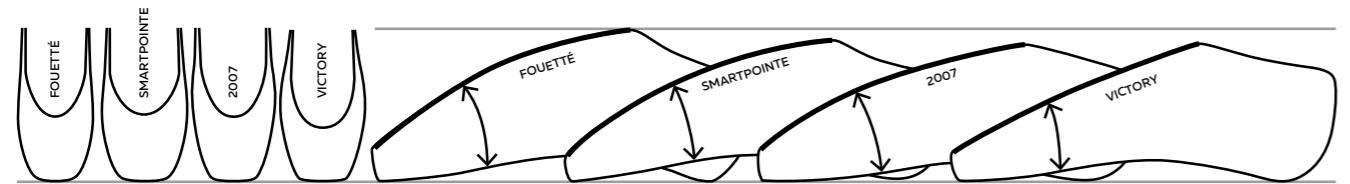
All of our pointe shoes pass through three steps of quality control. Under the binding, you can see handwritten characters which designate the shoe technologist, the model number and the date that the shoes were made. This information confirms that your GRISHKO® shoes were made by our professional shoe makers who are trained artisans in this craft.



All of our pointe shoes pass through three steps of quality control. Under the binding, you can see handwritten characters which designate the shoe technologist, the model number and the date that the shoes were made. This information confirms that your GRISHKO® shoes were made by our professional shoe makers who are trained artisans in this craft.

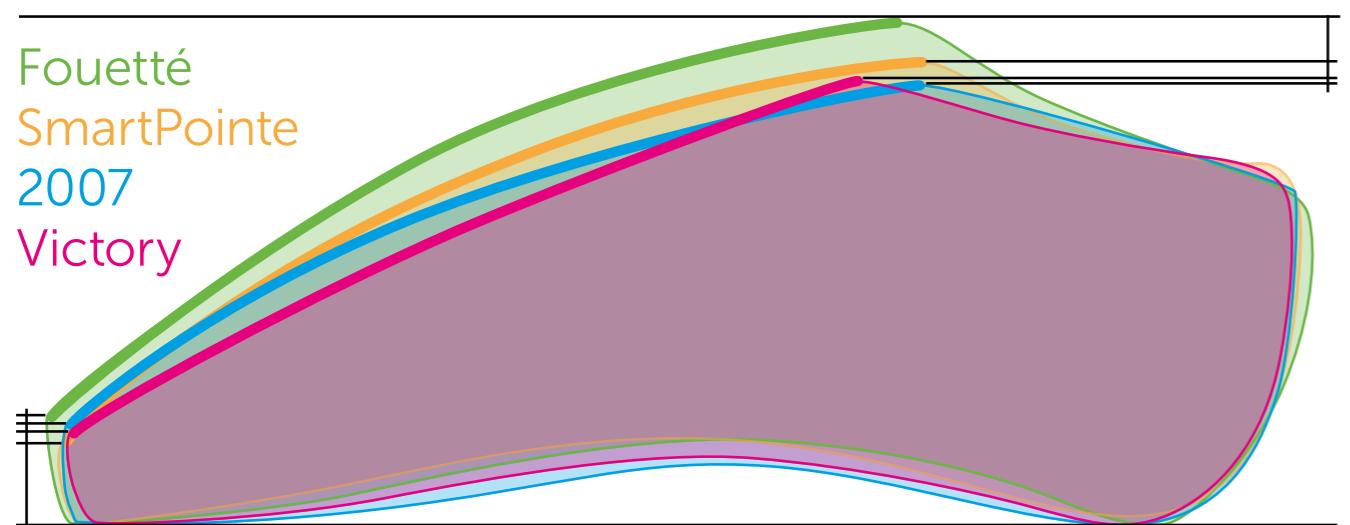
# GRISHKO® POINTE SHOE SYSTEM

We have developed a comprehensive system of pointe shoes based upon the lasts. Each last is made to fit different foot shapes. Most lasts have multiple models that differ in the details: the depth of the vamp, the height of the sides and heel, the material of the insoles, etc. But the internal space of models created on the same last remains the same. Initially we begin with the physical parameters of the foot, so that our pointe shoes are anatomically correct and safe for your feet.



## FOUETTÉ SMARTPOINTE 2007 VICTORY

The last is the main attribute, which creates the inner form of pointe shoes. It is the base for proper support, health, and comfort. GRISHKO® pointe shoes are the most customized in the world. All of our pointe shoes are based on four unique lasts: Fouetté, 2007, SmartPointe and Victory. Each last accommodates different configurations of foot and toe shapes.



## FOUETTÉ



## SMARTPOINTE

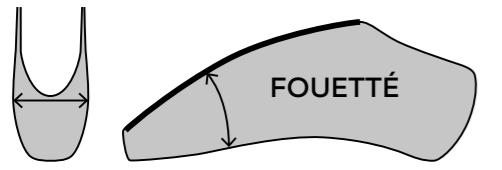


## 2007

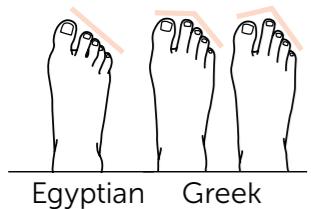


## VICTORY





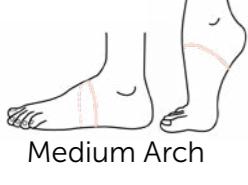
FOUETTÉ



Egyptian Greek

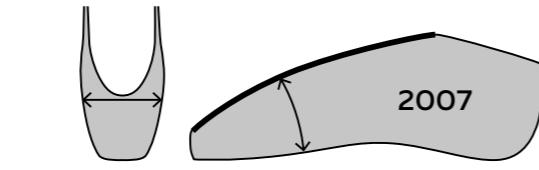


High Arch

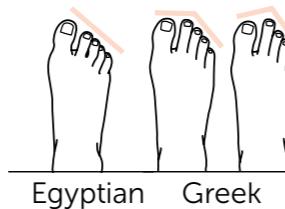


Medium Arch

Tamara  
Maya I + PRO + FLEX  
SuperTriumph Pre-arched



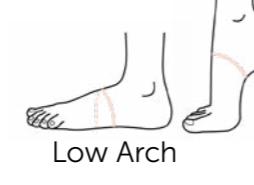
2007



Egyptian Greek

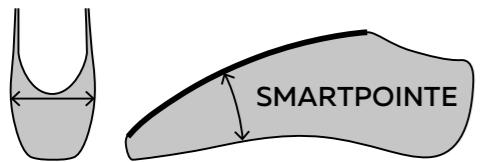


Medium Arch

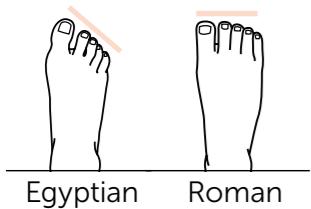


Low Arch

DreamPointe Pre-arched  
Nova + FLEX  
3007 + PRO + FLEX  
Miracle  
Kátya  
Exam  
Alice  
Novice



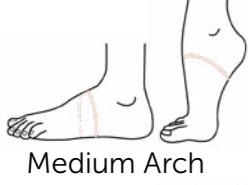
SMARTPOINTE



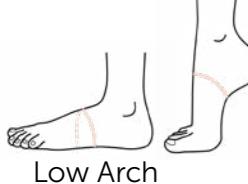
Egyptian Roman



High Arch

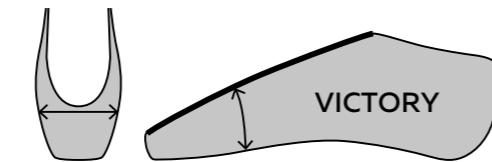


Medium Arch

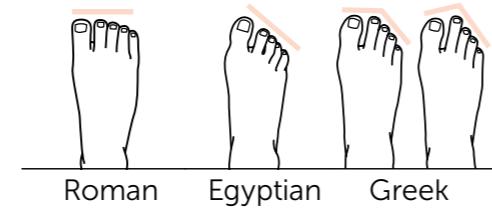


Low Arch

Assoluta  
NeoPointe  
SmartPointe  
StreamPointe  
StarPointe



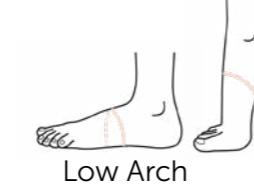
VICTORY



Roman Egyptian Greek



Medium Arch



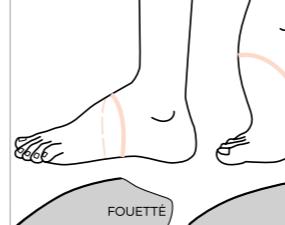
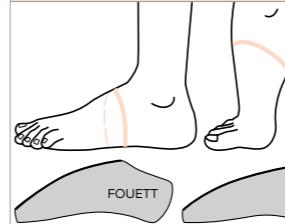
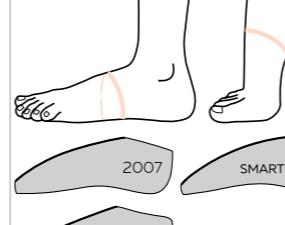
Low Arch

Victory + FLEX

## HOW TO CHOOSE

The fitter should first choose the last according to the foot shape and toe configuration. And next, consider box, platform, vamp and other features.

GRISHKO® offers the widest variety of stock models to fit any foot. Our pointe shoes are based on 4 different lasts (forms): Fouetté, SmartPointe, 2007 and Victory. Each last is designed to suit a particular foot and toe shape configuration. It is important to feature all four lasts for the perfect fitting experience.

HIGH ARCH	EGYPTIAN	GREEK	ROMAN
 FOUETTÉ 	SuperTriumph Pre-arched DreamPointe Pre-arched Maya I + PRO Tamara	SuperTriumph Pre-arched Maya I + PRO Tamara SmartPointe Exam, Alice, Novice	SuperTriumph Pre-arched
 2007 			
MEDIUM ARCH	DreamPointe Pre-arched 3007 + PRO + FLEX Nova + FLEX Kátya Miracle Assoluta Exam, Alice, Novice	DreamPointe Pre-arched 3007 + PRO + FLEX Nova + FLEX Kátya Miracle Assoluta Exam, Alice, Novice	StarPointe SmartPointe StreamPointe NeoPointe Victory + FLEX Assoluta Exam, Alice, Novice
 FOUETTÉ 			
LOW ARCH	DreamPointe Pre-arched 3007 + PRO + FLEX Nova + FLEX Kátya Miracle Victory + FLEX Assoluta Exam, Alice, Novice	DreamPointe Pre-arched 3007 + PRO + FLEX Nova + FLEX Kátya Miracle SmartPointe Assoluta Exam, Alice, Novice	StarPointe SmartPointe StreamPointe NeoPointe Victory + FLEX Assoluta Exam, Alice, Novice
 SMARTPOINTE 			

### Innovative pointe shoes

\*The above chart is recommended, but non-regulatory. Sometimes the best suitable pair is based on compression and development of the dancer's foot. And can be found within different GRISHKO® models.

# POINTE SHOE FEATURES

	Style Name	Last type	Shape	Wings	Crown Height		Vamp Shape	Vamp Height	Platform	Paste	Sole attachement method	Other features
PREPARATORY	Exam (1st step)	2007	Tapered	Medium	Medium		U 	Medium 	Medium 	Miracle	Machine	1/3 box No shank Elasticated binding 
	Alice (2nd step)	2007	Tapered	Medium	Medium		U 	Medium 	Medium 	Miracle	Machine	1/2 box SS, S shank Elasticated binding 
	Novice (3rd step)	2007	Tapered	Medium	Medium		U 	Medium 	Medium 	Miracle	Machine	2/3 box SS, S, M shank Elasticated binding 
CLASSIC SHANK CONSTRUCTION	Maya I Maya I PRO Maya I PRO FLEX	Fouetté	Slightly Tapered	Medium	High		V 	Medium-High 	Medium 	Miracle	Machine	
	Tamara	Fouetté	Slightly Tapered	High	Adaptable		Soft V 	Medium 	Medium 	Miracle	Machine	Elasticated binding  Easy roll-through technology
	NeoPointe	SmartPointe	Slightly Tapered	High	Adaptable		Soft V 	Medium 	Wide 	Miracle	Machine	2/3 box Anti-bacterial treatment 
	SmartPointe	SmartPointe	Slightly Tapered	High	Adaptable		Soft V 	Medium 	Wide High 	Miracle	Hand	Easy roll-through technology
	StreamPointe	SmartPointe	Slightly Tapered	High	Adaptable		Soft V 	Medium 	Wide High 	Miracle	Machine	Easy roll-through technology Elasticated binding 
	Assoluta	SmartPointe	Slightly Tapered	High	Adaptable		U 	Low 	Wide High 	Miracle	Machine	Easy roll-through technology Pleatless
	3007 3007 PRO 3007 PRO FLEX	2007	Tapered	Medium	Medium		U 	Medium 	Medium 	Miracle	Machine	Easy roll-through technology
	Kátya	2007	Tapered	High	Medium		U 	Low 	Wide 	Miracle	Machine	Easy roll-through technology 8/10 shank Suede platform
	Miracle	2007	Tapered	High	Medium		U 	Medium 	Medium 	Miracle	Machine	Easy roll-through technology Anti-bacterial treatment 
	Nova Nova Flex	2007	Tapered	High	Medium		U 	Medium 	Medium 	Miracle	Machine	
INNOVATIVE	Victory Victory FLEX	Victory	Cylindric	High	High		Wide U 	Medium 	Broadest platform 	Miracle	Machine	Easy roll-through technology Elasticated binding  Anti-bacterial treatment 
	DreamPointe Pre-arched	2007	Tapered	High	Medium		U 	Medium 	Medium 	Miracle	Machine	Pre-arched 
	SuperTriumph Pre-arched	Fouetté	Slightly Tapered	High	High		U 	Medium 	Wide 	Miracle	Hand	Pre-arched 
	StarPointe	SmartPointe	Slightly Tapered	High	Adaptable		U 	Medium 	Wide 	Miracle	Machine	Elasticated binding 



# PREPARATORY POINTE SHOES

Girls between the ages of 4–10 years wear soft ballet slippers to class. Generally, the transition to Pointe shoes is perceived to be painful for children.

**ADULT DANCE ENTHUSIASTS AND CHILDREN CAN ALL BEGIN THEIR POINTE JOURNEY WITH OUR PRE-POINTE SHOES.**

The GRISHKO® Company specialists have developed a unique range of children's preparatory pointe shoes, which help children's feet to adapt gradually, step by step, without pain.

## 3 STEPS TO A DREAM

This line includes 3 models:

1. EXAM
2. ALICE
3. NOVICE

### COLORS

 Ballet Pink  Dark Nude

**BOTH CHILDREN AND ADULTS CAN DANCE WEARING PREPARATORY POINTE SHOES**





## Exam

Last type: 2007  
 Shape: Slightly tapered  
 Vamp: U-cut, Medium  
 Sole: Machine-stitched

## 1st STEP

SHANKLESS  
 PRE-POINTE

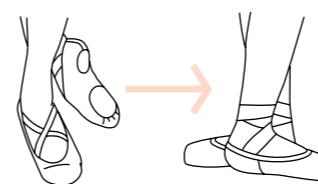
Helps to adapt the feet  
 to the feeling of pointe  
 shoes



## Exam

0512

Allows the young dancer to get used to the shape and confinement of the toe box, with no stiffening materials in the sole. With 1/3 box length, this shoe will train the dancer's foot properly by strengthening the forefoot of the dancer.



Sizes: 0,5 – 6,5  
 Width: N – XXXX  
 Shank: **No shank**  
 Box: 1/3  
 With elastic drawstring





## Alice

Last type: 2007  
 Shape: Slightly tapered,  
 Soft box  
 Platform: Medium  
 Vamp: U-cut, Medium  
 Sole: Machine-stitched

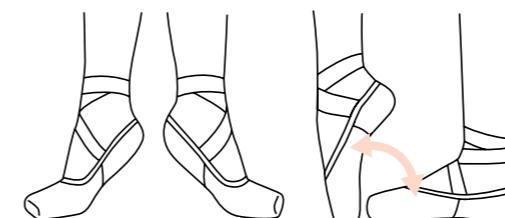
## 2nd STEP

Trains the arch of  
 the foot. Transitional  
 model between Exam  
 and Novice.  
 Ideal for pre-pointe  
 classes at the barre.



### Alice 0526

A unique construction of the 1/2 box length will support  
 a dancer at the barre while rising en pointe, slight but efficient  
 support is created by the flexible super soft or soft shank.  
 Flannel like insole.



Sizes: 0.5 – 7,5  
 Width: N – XXXX  
 Shank: SS, S  
 Box: 1/2





## Novice

## 3rd STEP

Last type: 2007  
 Shape: Slightly tapered  
 Platform: Medium  
 Vamp: U-cut, Medium  
 Sole: Machine-stitched

Ideal as the first pointe shoe for advancing beginners.  
 Easy roll-through and softer box.



### Novice 0511

Novice is the "First Pointe Shoe" for advancing beginners. Softer than other models, yet supportive. This model features a softer 2/3 box length, and very pliable shanks. Allows easily roll-through demi pointe and perform center exercises.



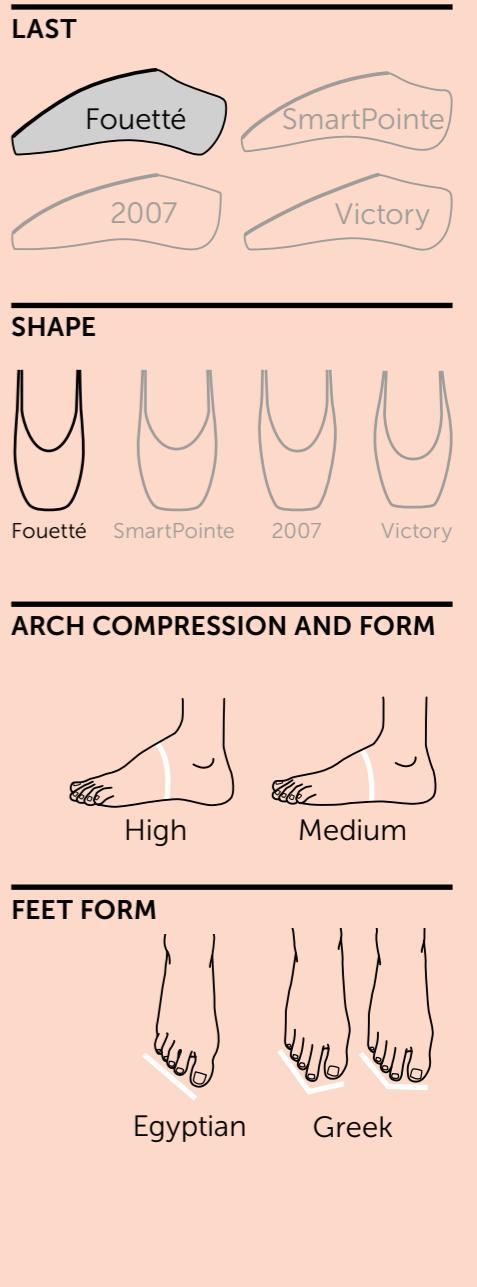
Sizes: 2 – 7,5  
 Width: N – XXXXX  
 Shank: SS, S, M  
 Box: 2/3



# POINTE SHOES BASED ON FOUETTÉ LAST



Fouetté last is developed with consideration of anatomic features of the high arch and fuller tapered foot. Usually, it's Egyptian or Greek type of foot, but in wider width XXXX – XXXXX can be suitable for Roman type. Fouetté is the implementation of a classic pointe shoe form – tapered and elegant.



## POINTE SHOES MODELS ON FOUETTÉ LAST

Tamara  
Fouetté  
Maya I + PRO + FLEX  
Triumph  
SuperTriumph Pre-arched **INNOVATIVE**

## COLORS



## AT REQUEST



## Tamara

Platform: Medium  
Vamp: Soft V-cut, Medium  
Sole: Machine-stitched  
Wings: High

- Elasticated binding
- Easy roll-through
- Miracle paste
- Shank reinforcement through center of the insole



### Tamara

0546

Thanks to its construction, this model offers a pliable yet consistent, supportive shank that forms perfectly to any dancer's arch. The shank is 5 mm shorter in comparison to the Maya model which provides a perfect fit.

The sides are all 5 mm lower when compared to the Maya style. This improved design offers:

- a smooth appearance even en-pointe position, provided by the heel counter which securely hugs the heel,
- a more streamlined fit.

Our incredibly soft microfiber lining adds additional comfort and prevents the shoe from sliding off the foot.

The use of our Miracle glue in the box and wings, offers extreme flexibility and allows these parts to be easily adapted by hand. This innovative paste works equally well in cold, warm and humid climates.

Elasticated binding provides a snug, secure fit.

Size: 2 – 9  
Width: X – XXXXX  
Shank: TM, TH, TR, TRH



# TAMARA

## Fouetté

Platform: Medium  
Vamp: V-cut, Medium  
Sole: Hand-stitched  
Wings: Medium

- Classic fully handmade technology
- Elegant V-cut vamp
- Ideal for tapered and fuller feet
- Classic smart paste



### Fouetté

**0501**

Classic shank construction provides strong support for advanced en-pointe elements. This shank promotes a longer life after initial break-in.



### Fouetté PRO

**0501/1**

With additional silent knot technology, making pointe shoes quieter.



### Fouetté PRO FLEX

**0501/2**

Flexibility and quiet tip due to combination of flexible sole and silent knot technology.



\*Mind we produce only M and H shanks for this option.

Size: 0,5 – 8,5  
Width: X – XXXXX  
Shank: SS, S, M, H, SH

## Maya I

Platform: Medium  
Vamp: V-cut, Medium-High  
Sole: Machine-stitched  
Wings: Medium

- High crown and heel
- Elegant V-cut vamp
- Ideal for tapered and fuller feet
- Classic smart paste



### Maya I

**0504**

Classic shank construction provides strong support for advanced en-pointe elements. This shank promotes a longer life after initial break-in.



### Maya I PRO

**0504/1**

With softer insole and additional silent knot technology, makes pointe shoes quieter.



### Maya I PRO FLEX

**0504/2**

Flexibility and quiet tip due to combination of flexible sole and silent knot technology.



Size: 0,5 – 8,5  
Width: X – XXXXX  
Shank: SS, S, M, H, SH (at request)

## Triumph

Platform: Wide  
Vamp: U-cut, Medium  
Sole: Hand-stitched  
Wings: High

- Turnshoe stitching
- Ideal for "fuller" feet
- Classic model for medium length toes
- Lightweight elastic paste



### Triumph

**0519**

Elegant shape that fits high arch with traditional hand-stitched natural leather outsole.



### Triumph PRO

**0519/1**

For noise reduction we added "silent knot" technology to the basic model.

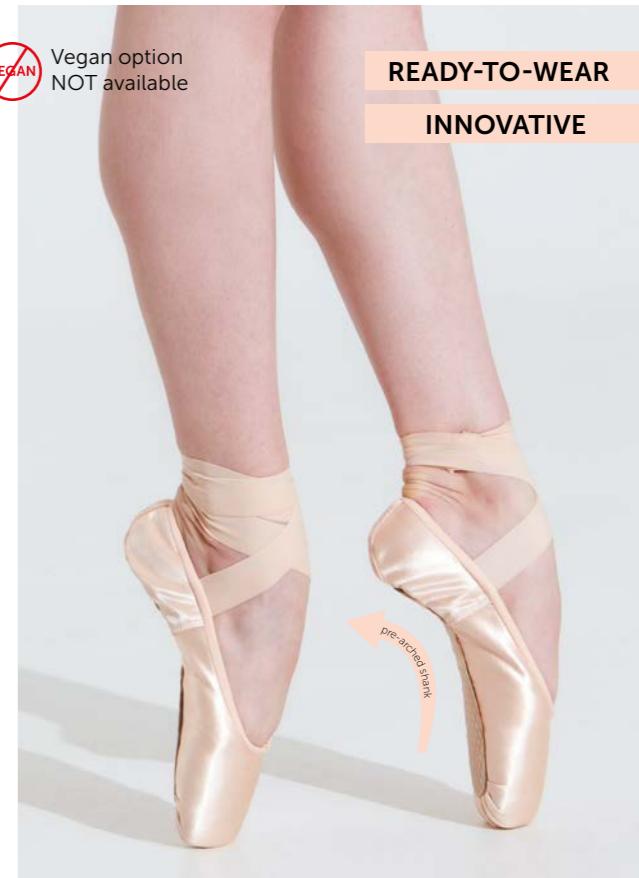


Size: 0,5 – 8,5  
Width: X – XXXXX  
Shank: SS, S, M, H, SH (at request)

## SuperTriumph Pre-arched

Platform: Wide  
Vamp: U-cut, Medium  
Sole: Hand-stitched  
Wings: High

- Pre-arched thermoformable insole
- Long lasting shank
- Lightweight elastic paste



### SuperTriumph Pre-arched

**0536**

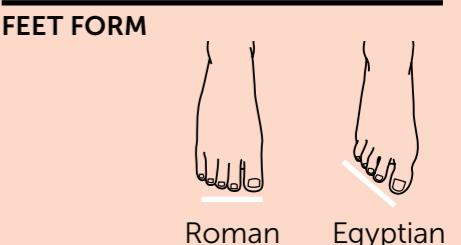
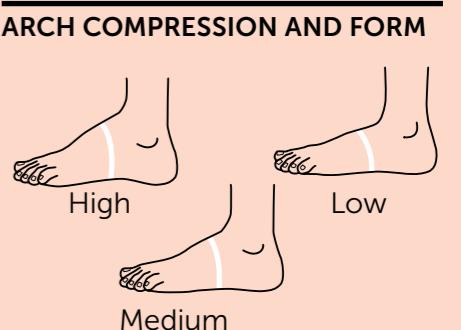
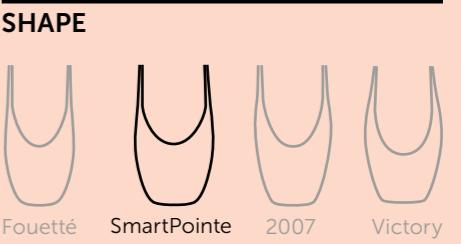
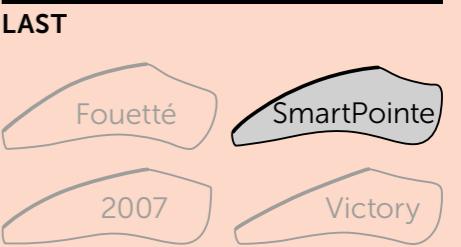
Innovative model that gives flexibility and resilient support to your foot. The pre-arched shank gives extra comfort and support to the heel, especially if ballerina has high arch.



# POINTE SHOES BASED ON SMARTPOINTE LAST



The current changes in foot shapes around the globe have led to the design of our newest last. The SmartPointe last features lower crown, broader metatarsal area and narrow heel. Broad platform with elegant taper and perfect stability. This last was built upon dancers' and fitters' feedback over the last decade to fit the modern day foot.



## POINTE SHOES MODELS ON SMARTPOINTE LAST

Assoluta  
NeoPointe  
SmartPointe  
StreamPointe  
StarPointe **INNOVATIVE**

## COLORS



Ballet Pink



Dark Nude

## AT REQUEST



Different colors



Vegan option

## Assoluta

Platform: Wide high  
Vamp: U-cut, Low height  
Sole: Machine-stitched  
Wings: High

- Microfiber lined insole
- New vamp construction
- Lowcut sides & heel
- Thermopaste box
- Pleatless design
- High supportive wings

NEW!

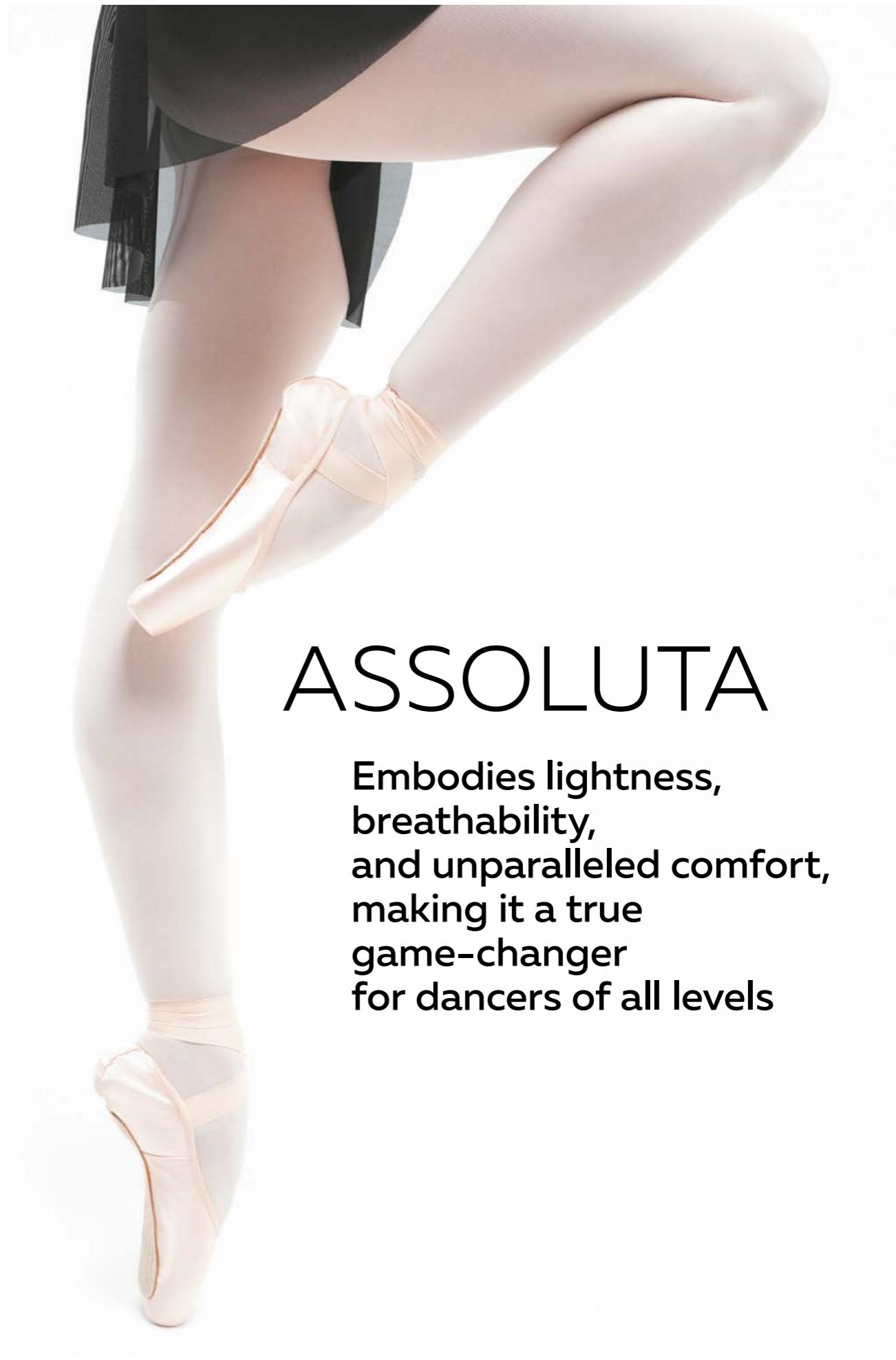
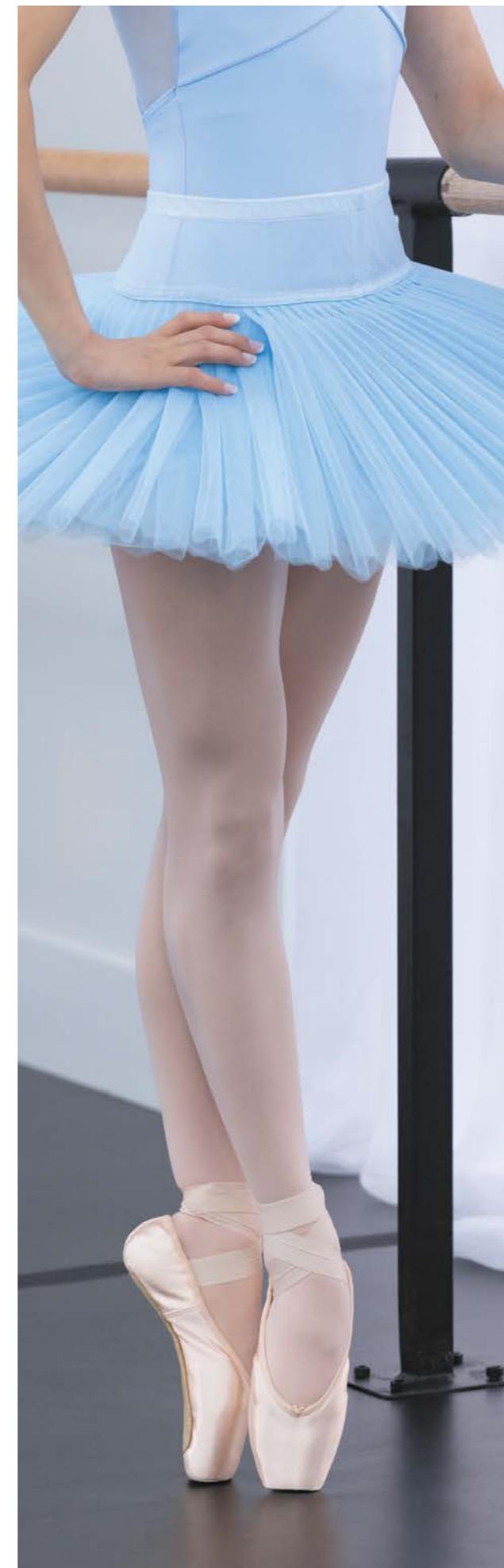


### Assoluta 0547

ASSOLUTA is one of the lightest and most breathable pointe shoes ever created by Nikolay Grishko, thanks to an innovative material composition: BRAND NEW ULTRASMOOTH SATIN with New Duplication Technology. Provides an exceptionally sleek, elegant appearance while ensuring long-lasting durability. Designed for a sleek aesthetic and perfect fit, both the sides and heel are 5 mm lower than the beloved StreamPointe. The thermopaste box is designed to perfectly contour the foot, creating a mesmerizing silhouette with seamless structural support.



Size: 3 – 9.5  
Width: X – XXXXXX  
Shank: S, M, H



# ASSOLUTA

Embodies lightness,  
breathability,  
and unparalleled comfort,  
making it a true  
game-changer  
for dancers of all levels

## NeoPointe

Platform: Wide  
Vamp: Soft V-cut, Medium  
Sole: Machine-stitched  
Wings: High

- Soft detail in the box and soft microfiber lining
- Pliable Shank
- 2/3 box
- Streamlined fit
- Adaptable crown
- Elastic drawstring
- Lower heel



### NeoPointe 0545

NeoPointe epitomizes softness inside and out. This uniquely soft pointe shoe model has the most pliable shank ever, featuring our FLEX technology combined with our Easy Roll-Through technology. The box has been shortened to 2/3 length, allowing the shoe to offer unsurpassed comfort during roll-through from demi-pointe to an en pointe position. Our incredibly soft microfiber lining and new extra special padding within the box add additional comfort and minimize toe pressure. By using our Miracle glue in the box and wings, the shoe adapts to the dancer's feet, allowing consistent support in the metatarsal area yet staying flexible at the same time for a greater variety of movements. The adaptable crown and streamlined cut make this model a wonderful choice for dancers of all levels.

**H** is Flexible and supportive shank is perfect for en-pointe work in classic ballet

**R** is a combination of both classic and new technologies, which gives the proper support and easy roll-through

Size: 2,5 – 9 (0,5 – 2 at request)  
Width: X – XXXXXX (only size 3–9 in XXXXXX)  
Shank: H or R only

## SmartPointe

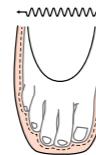
Platform: Wide  
Vamp: Soft V-cut, Medium  
Sole: Hand-stitched  
Wings: High

- Perfect for wider metatarsal
- Medium crown
- Flexible paste and shank
- Sleek but wide



### SmartPointe 0537

Classic shank construction with easy roll-through.



SmartPointe has unique elastic glue that adapts to the dancers' foot but stays flexible. The box will mold to the dancer's foot shape over time with wear, but can also be adjusted during the initial fitting by hand.

#### EASY ROLL-THROUGH



Size: 0,5 – 9  
Width: X – XXXXXX (only size 3–9 in XXXXXX)  
Shank: SS, S, M, H, SH (at request)

## StreamPointe

Platform: Wide  
Vamp: Soft V-cut, Medium  
Sole: Machine-stitched  
Wings: High

- Elasticated binding
- Broad metatarsal area
- Pliable shank
- Low sides and heel
- Streamlined fit
- Adaptable crown



### StreamPointe 0541

Classic shank with easy roll-through. Elasticated binding further improves this new model, by providing a streamlined fit for dancers with shallow and square foot shapes. Pliable yet supportive shanks follow any arch height. Extreme flat platform will allow the dancer stability, and secure balance.

#### Reinforced shank

R – the hardest shank in StreamPointe. It is similar to Medium strength 3007, which is much less flexible and lasts longer. Reinforced shank is ideal for those, who need a little bit of extra support.

#### EASY ROLL-THROUGH



Size: 1 – 9,5  
Width: X – XXXXXX (only size 3–9 in XXXXXX)  
Shank: S, M, H, R

## StarPointe

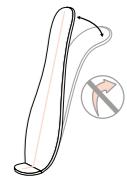
Platform: Wide  
Vamp: Soft V-cut, Medium  
Sole: Machine-stitched  
Wings: High

- Innovative construction
- Supportive, yet flexible shank
- Elasticated binding
- Low sides with higher heel
- Microfiber heel cup



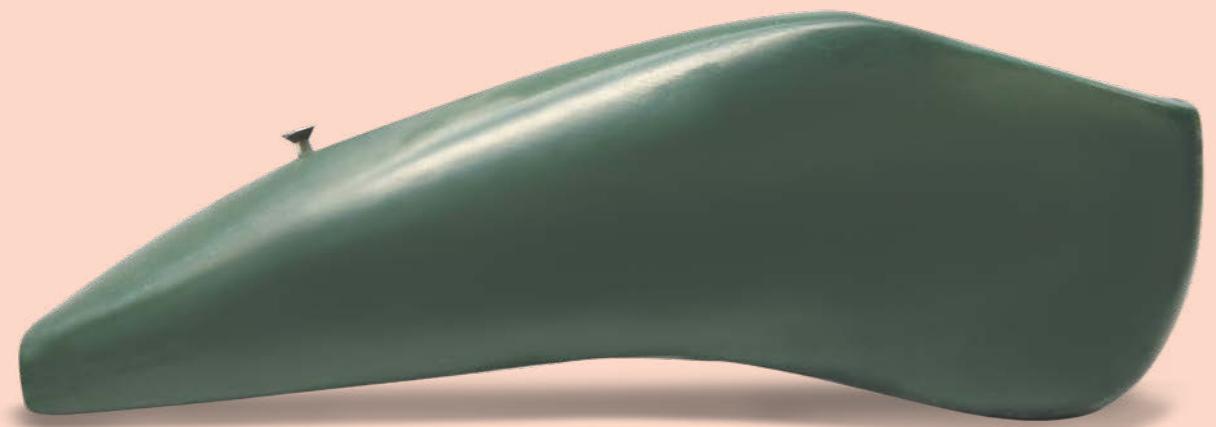
### StarPointe 0543

Based on the best selling StreamPointe model, StarPointe offers new possibilities with a different shank construction. The specially designed polymer shank is very supportive while also being flexible enough to form perfectly to any dancer's arch. A slightly raised heel offers fuller coverage and security. StarPointe features an elasticated binding for a streamlined fit.



Size: 0,5 – 9  
Width: X – XXXXXX (only size 3–9 in XXXXXX)  
Shank: SF, MF, HF, SHF

# POINTE SHOES BASED ON 2007 LAST



2007 last was developed with consideration of anatomic features of medium width foot, medium arch, and medium to long toes. This unique construction satisfies 90 % of dancers. Therefore, GRISHKO® has the widest variety of pointe shoe models based on the 2007 last. 2007 has a tapered dynamic form.



## COLORS

Ballet Pink

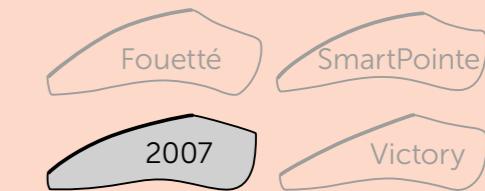
Dark Nude

Different colors

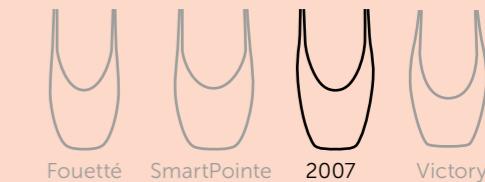
Vegan option

Tropicana glue for warm and humid climate

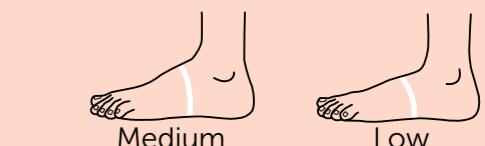
## LAST



## SHAPE



## ARCH COMPRESSION AND FORM



## FEET FORM



## POINTE SHOES MODELS ON 2007 LAST

Miracle

Kátia

Nova + FLEX

3007 + PRO + FLEX

DreamPointe Pre-arched INNOVATIVE

## Miracle

Platform: Medium  
Vamp: U-cut, Medium  
Sole: Machine-stitched  
Wings: High

- Lowered heel
- Ultra lightweight
- Super sleek
- Incredibly soft liner with antibacterial treatment



### Miracle

0525

Unique construction of shank makes this style durable, light and flexible at the same time.



#### MOST QUIET

Unique construction of silent knot in the metatarsal area makes this model the most quiet in the line.



#### ANTIBACTERIAL BOX & SOLE

Silver nano technology treatment of the inner lining.



#### INCREDIBLY SOFT

Padding in the platform and box liner are comfortable and allow the dancer to not wear toe pads if desired.

Size: 0,5 – 9  
Width: N – X – XXXXX (only size 4–9 in XXXXXX)  
Shank: LM, LH

## Kátja

Platform: Wide  
Vamp: U-cut, Low  
Sole: Machine-stitched  
Wings: High

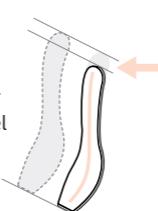
- Lowered sides and heel
- Long lasting shank
- Lightweight flexible paste
- Suede tip
- Pleatless box



### Kátja

0539S

Lower cut insole provides the perfect shape under the arch and shortened outsole eliminates the heel shelf in disappearing heels.



#### EASY ROLL-THROUGH



Size: 0,5 – 9  
Width: N – X – XXXXX (only size 4–9 in XXXXXX)  
Shank: SS, S, M, H, SH (at request)



**Nova**

Platform: Medium  
Vamp: U-cut, Low  
Sole: Machine-stitched  
Wings: High

- Lowered heel
- Sleek fit
- Flexible lightweight paste

**Nova****0524**

Classic pointe shoes give the ballerina strong support for advanced en-pointe elements. Longer and supportive wings provide flexibility due to elastic paste.

**Nova FLEX****0524/2**

Flexibility and quiet platform.  
This model hugs the dancer's arch to perfection.



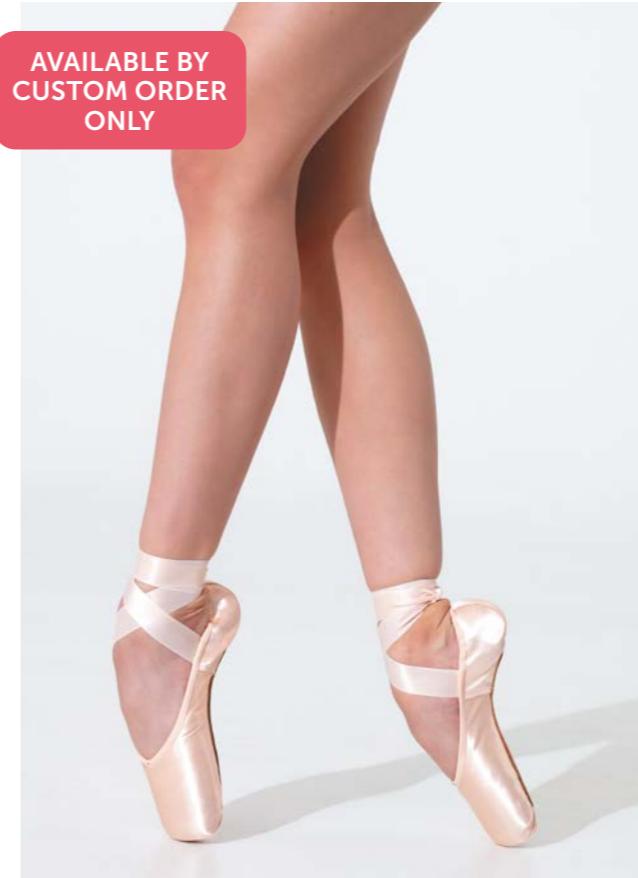
Size: 0,5 – 9  
Width: N – X – XXXXXX (only size 4–9 in XXXXXX)  
Shank: SS, S, M, H, SH (at request)  
(0524/2 doesn't have SS)

**3007**

Platform: Medium  
Vamp: U-cut, Medium  
Sole: Machine-stitched  
Wings: Medium

- Easy roll-through
- Perfect for fine movements
- Anti-slip heel counter
- Lower heel and sides compared to 2007

AVAILABLE BY  
CUSTOM ORDER  
ONLY

**3007****0538**

Classic shank construction provides strong support for advanced en-pointe elements.  
Easy roll-through model.  
Antislip microfiber heel.

**3007 PRO****0538/1**

With softer insole and additional silent knot technology, makes pointe shoes quieter.  
Easy roll-through model.

**3007 PRO FLEX****0538/2**

Flexibility and quiet tip due to combination of flexible sole and silent knot technology.  
Easy roll-through model.

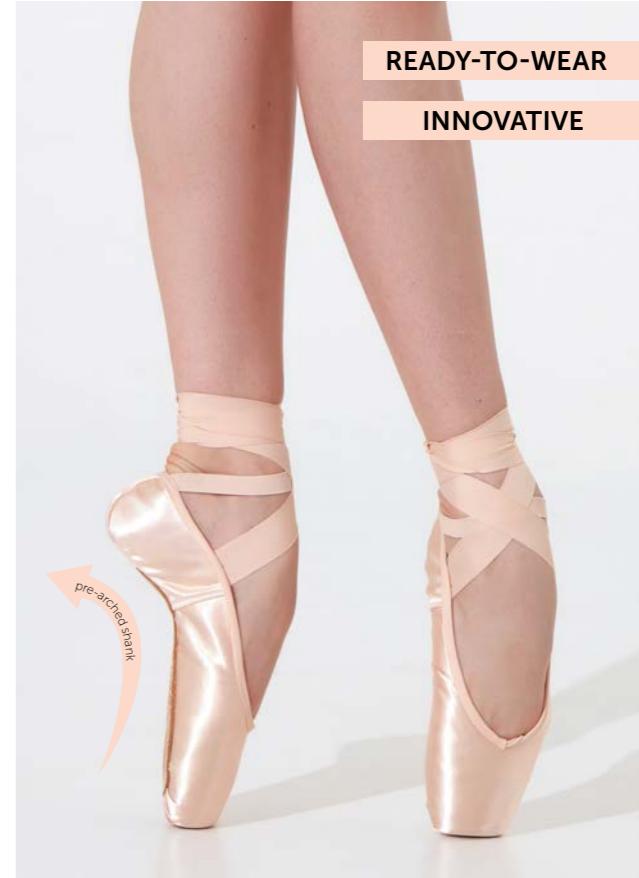


Size: 0,5 – 9  
Width: N – X – XXXXXX (only size 4–9 in XXXXXX)  
Shank: SS, S, M, H, SH (at request)  
(0538/2 doesn't have SS)

**DreamPointe Pre-arched**

Platform: Medium  
Vamp: U-cut, Medium  
Sole: Machine-stitched  
Wings: High

- Lowered heel
- 3/4 shank feeling
- Lightweight flexible paste
- Long lasting shank



READY-TO-WEAR  
INNOVATIVE

**DreamPointe Pre-arched****0527/1**

Innovative model that provides flexibility and resilient support. The pre-arched shank gives extra comfort and support to the arch.  
Forefront padding and pillow like insole guarantee added comfort and coziness.



 Overly bending the shank will damage the shoe.

Size: 0,5 – 9  
Width: X – XXXXX (only size 4–9 in XXXXX)  
Shank: SF, MF, HF, SHF (at request)

# POINTE SHOES BASED ON VICTORY LAST



This unique yet extremely versatile last was created as an improvement to the iconic Elite last. This new last features an elegant faux taper that fits all foot shapes — Egyptian, Grecian and Roman. The Victory last has a broad platform for a perfect secure balance. This last was created for feet with a low to medium arch but also works for high arch. The U shaped vamp has a medium throat along with low sides and heel to showcase the dancer's feet.



## COLORS



Ballet Pink



Dark Nude

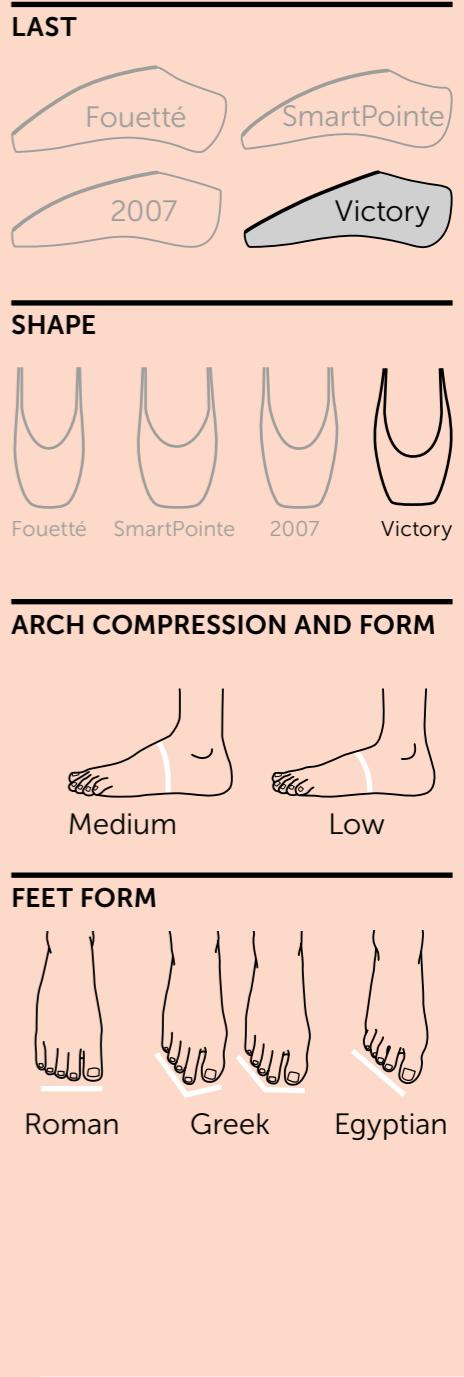
## AT REQUEST



Different colors



Vegan option



## Victory

Platform: Wide  
Vamp: U-cut, Medium  
Sole: Machine-stitched  
Wings: High

- Broadest platform
- Generous box
- Elasticated binding
- Lux inner-lining
- Easy roll-through



### Victory

0542

The wide box and extra internal space created by the faux taper make this model excellent for all foot shapes. Elasticated binding eliminates the need for a drawstring while the microfiber heel counter securely hugs the heel and prevents the shoe from slipping off. With a natural shank with easy roll-through and a brush of our Miracle paste on its high wings, this model is very supportive while still allowing for easy demi-pointe. This instant best seller is humid climate resistant and long lasting. Victory is a must-have for your store's pointe shoe repertoire. Due to the high wing construction, this model is to be manipulated through the 3/4 area of the shank during the fitting, or broken in naturally by the heat of the foot.



### Victory FLEX

0542

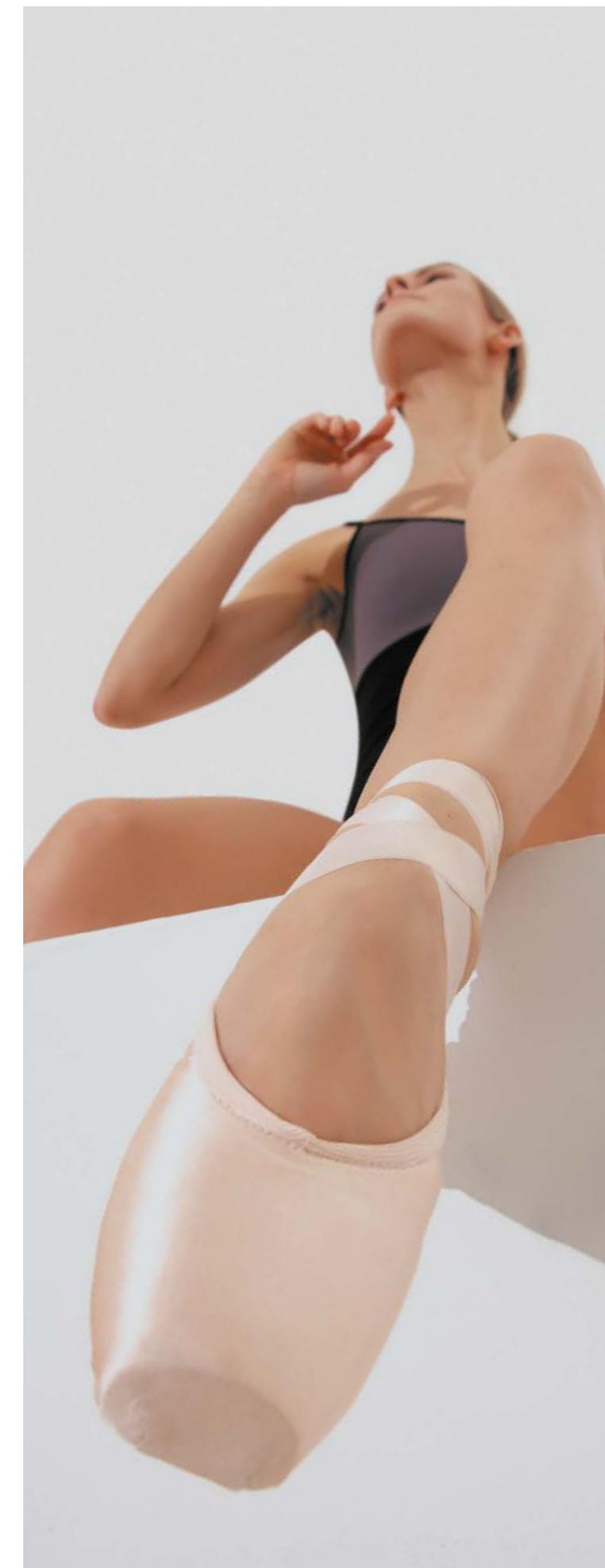
Flex shank for dancers who need pliable shank for easy demi-pointe elements. This model hugs the dancer's arch to perfection.



Size: 1 – 11

Width: X – XXXXXX (only size 3–9 in XXXXXX)

Shank: VF, VSS, VS, VM, VH, VSH (at request)



VICTORY



# SOFT BALLET SHOES



Soft ballet shoes seem simple, but that's only an illusion. For the majority of a dancer's career, they will be training in ballet flats, and finding a perfect shoe can be challenging. We've created different styles to work for dancers of every level and feet form.

VEGAN

We use canvas, stretch canvas, leather, or satin to offer dancers the choice they deserve. The outsole is usually suede, but we can replace it with the cruelty-free VEGAN option on request in split sole models.



# HOW TO CHOOSE

Soft ballet shoes require the same accurate fitting as pointe shoes do. Ballet flats underline the feet, protect them and support the way it's needed if they follow the shape perfectly and their features meet the dancer's needs.

Soft pleats and binding make it easy to fit soft ballet shoes to different feet forms, yet the toe lengths vary and requires different vamps. The arch and feet strength also matter, therefore we created this chart to assist you in choosing the soft ballet shoes of your DREAM.

		FEET FORM	
		LONG TOES	SHORT TOES
FEET STRENGTH \ ARCH	HIGH	MODEL 10 TEMPO SYNERGY DREAMSTRETCH	PERFORMANCE TEMPO SYNERGY DREAMSTRETCH (LOW CUT) X-STRETCH
	MEDIUM	LITTLESTAR MODEL X MODEL 10 SYNERGY DREAMSTRETCH X-STRETCH	PERFORMANCE MODEL X DREAMSTRETCH (LOW CUT) X-STRETCH
	LOW	LITTLESTAR PERFORMANCE MODEL X DREAMSTRETCH (LOW CUT) X-STRETCH	PERFORMANCE MODEL X DREAMSTRETCH (LOW CUT) X-STRETCH

## X-Stretch

Absolutely amazing new last for soft ballet shoes creates a new form of the shoe that underlines arch and follows every shape of your feet. Strong stretch canvas hugs the foot and doubled heel grants the perfect shape.

- Unbelievable flexibility
- Articulated heel
- Contemporary look
- Pre-sewn elastics
- Elasticated binding



## Model X

Recommended for all levels of dancers, who want to accentuate their arch due to low cut. The orthopedic form of the sole makes this shoe extremely flexible.

- Classic canvas
- Elasticated drawstring
- Articulated arch
- Low vamp



**03024**  
Vamp: Soft V-cut, Low  
Size: 33 – 34,5  
Widths: A, B, C  
  
Size: 35 – 47  
Widths: A, B, C, E  
  
Material: Stretch Canvas  
Color: ● Ballet Pink ● Tan ● Black ○ White



Vamp: U-Cut, Low

**03021C**  
Size: 33 – 34,5  
Widths: A, B, C  
Size: 35 – 47  
Widths: A, B, C, E  
Material: Canvas  
Color: ● Ballet Pink ● Tan ● Light Tan ○ Light Pink ● Black ○ White ● Grey

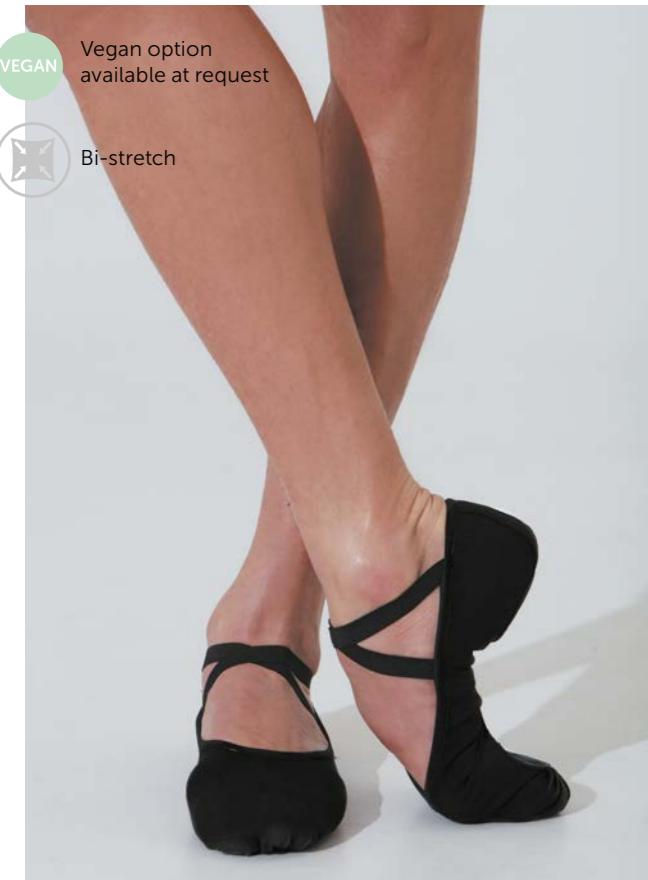


**03021L**  
Size: 33 – 34,5  
Widths: A, B, C  
Size: 35 – 47  
Widths: A, B, C, E  
Material: Leather  
Color: ● Ballet Pink ○ White ● Black

## DreamStretch

BEST SELLING Stretch Canvas Split-sole ballet slippers. Unique construction follows every foot shape and arch. Made for all levels of dancers. Unisex fit. Elasticated binding with no drawstring.

- Four-way stretch
- Low and high vamp available
- Best fit
- Pre-sewn elastics



### 03020CD

Vamp: U-cut, High

Size: 29 – 32

Widths: A, B

Material: Stretch Canvas

Color: ● Ballet Pink ● Tan

● Black ○ White

### 03020CDLC

Low cut

Vamp: U-cut, Low

Size: 29 – 32

Widths: A, B

Material: Stretch Canvas

Color: ● Ballet Pink ● Tan

● Black ○ White

### 03020C

Vamp: U-cut, High

Size: 33 – 46

Widths: A, B, C, D

Material: Stretch Canvas

Color: ● Ballet Pink ● Tan

● Black ○ White

### 03020CLC

Low cut

Vamp: U-cut, Low

Size: 33 – 46

Widths: A, B, C, D

Material: Stretch Canvas

Color: ● Ballet Pink ● Tan

● Black ○ White

## Tempo

Classic canvas model with perfectly accentuated arch. Available 6 color options. Ideal for feet with longer toes due to the higher vamp. Anatomically shaped split outsole for optimum foot-to-floor contact.

- Pre-sewn elastic
- No side seams
- Hidden elastic between sole parts



### 03017C

Vamp: U-Cut, High

Size: 33 – 47

Widths: A, B, C, D, E, F

Material: Canvas

Color: ● Ballet Pink ● Tan ● Light Tan

○ White ● Black ○ Grey

Natural leather Split sole



Natural leather Split sole



## Model 10

Lightweight model made of classic canvas or leather. Greek style.

- Contemporary look
- Pre-sewn elastics
- Open and breathable
- The highest vamp



### 03010C

Vamp: U-Cut, Higher than Tempo

Size: 33 – 47

Widths: A, B, C, D, E, F

Material: Canvas

Color: ● Ballet Pink ● Black

○ White

Natural leather Split sole



## Synergy

Flexible in heel and arch providing perfect fit in the heel, whilst featuring classic non stretch canvas in the metatarsal and toe area. Made for dancers that are looking for more control and grip in the forefoot area.

- Unique four-way stretch heel
- Non-stretch toe
- U-vamp.



### 03019C

Vamp: U-cut, High

Size: 33 – 47

Widths: A, B, C, D, E, F

Material: Canvas & Cotton & Jersey

Color: ● Ballet Pink ○ White ● Black

Natural leather Split sole



## Performance

This model features additional flexibility at the arch, to accentuate the dancer's foot during demi-pointe elements.

- Long lasting
- Classic doubled canvas
- Medium vamp



**03006C**  
Vamp: U-Cut, High  
Size: 33 – 47  
Widths: A, B, C, D, E, F  
Material: Canvas  
Color: ● Ballet Pink ● Tan ● Light Tan  
● Light Pink ● Black ● Grey



Natural leather Split sole  
**03016C**  
Vamp: U-Cut, Low  
Youth through adult size: 26 – 38  
Widths: A, B  
Material: Canvas  
Color: ● Ballet Pink ● Tan ● Light Tan  
● Light Pink ● Black ● Light Tan



**03016L**  
Youth through adult size: 26 – 38  
Widths: A, B  
Material: Leather  
Color: ● Ballet Pink ○ White ● Black

**03016S**  
Youth through adult size: 26 – 38  
Widths: A, B  
Material: Satin  
Color: ● Ballet Pink ○ White ● Black

## LittleStar

This model features minimized stitching for sensitive feet. Elasticated drawstring added for comfort and the split or full sole design follows the young dancer's foot perfectly.

- Basic classic canvas, leather or satin
- Ideal for beginners
- One elastic strap



Natural leather Split sole  
**03016S**  
Vamp: U-Cut, Low  
Youth through adult size: 26 – 38  
Widths: A, B  
Material: Satin  
Color: ● Ballet Pink ○ White ● Black



# LYRICAL SHOES

GRISHKO® Gymnastics half-soles, or as we also refer to them as "turner shoes" have been tested and perfected over the years by some of the top gymnasts in the world as well as now being worn by the top contemporary dancers in the United States.

## MATERIALS AND PROPERTIES



### GENUINE LEATHER

Used to make the sole and the upper of the shoe. Breathable material. Adapts to the foot shape.



### MICROFIBER (artificial leather)

Provides sufficient floor grip. Allows the skin to breathe. Long-lasting material.



### CANVAS (100% cotton)

A breathable and hypo-allergenic type of natural fabric which can be easily dyed.



### CALICO (100% cotton)

An extra thin type of fabric for proper fit.



### TERRY FABRIC (100% cotton)

Ensures dry skin and protects the foot.



### NON-SLIP SILICON

The shoes straps are covered with special non-slip silicon to ensure that the shoes fit perfectly even when performing complex movements.



### FLAT SEAM

The sole and the upper are sewn together in such a way as to ensure that the seam is flat and even highly sensitive foot is guaranteed exceptional comfort.



### ELASTIC YARN THREAD

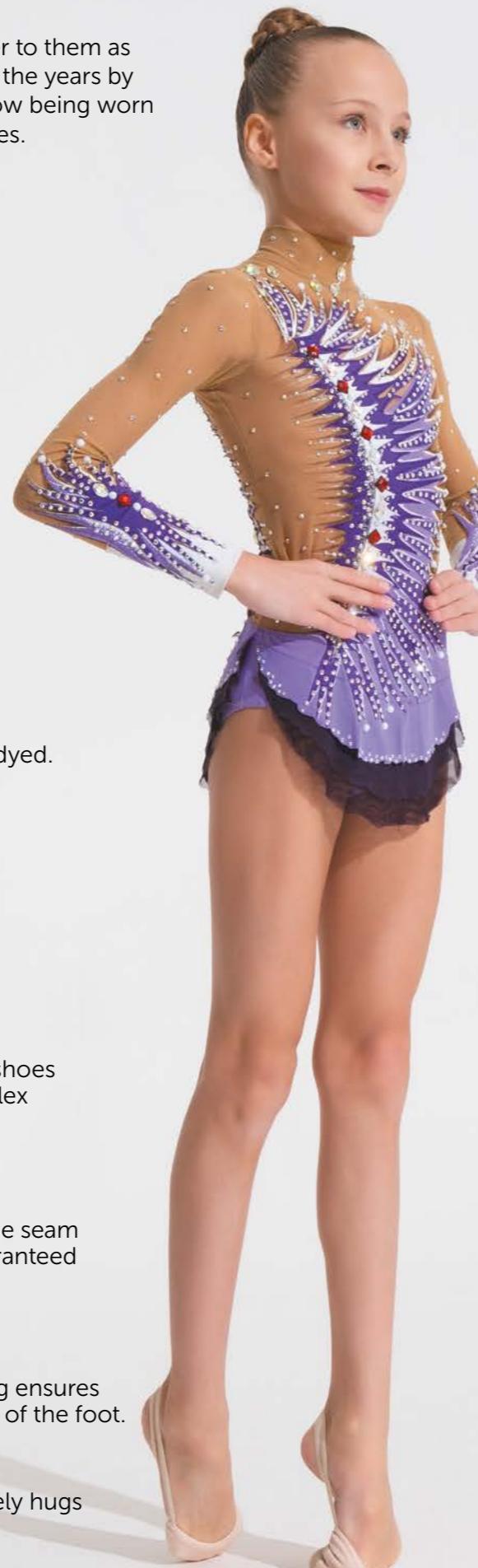
(Polyamide)

Special type of elastic yarn used for sewing ensures that the shoe perfectly matches the shape of the foot.



### ELASTICATED BINDING

Due to elasticated binding the shoe securely hugs the foot and offers considerable comfort.



## Dream-Turner

Long lasting four way stretch canvas that is strong and resilient with a shock absorbing padded insole and terry lining. Flat seams, full microfiber outsole and unique pleatless construction offers comfort, durability and the best look to any foot on stage or rehearsals.

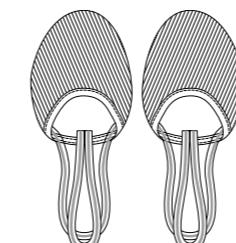


Vamp: High  
Sole: Microfiber  
Size: XS, S, M, L, XL, 2XL  
Widths: Medium

### 03057

Material: Stretch Canvas

Color: ● Ballet Pink ● Tan



## Alina

100% cotton lining allows the skin to breathe. The only model which is produced both in leather and in dense 100% cotton canvas. Elastics straps with silicon strips ensure a perfect fit. Genuine leather ensures that the shoe securely hugs the foot and adapts to its shape.



Vamp: Low  
Sole: Leather  
Size: 2XS, XS, S, M, L, XL, 2XL  
Widths: Medium

### 03052C

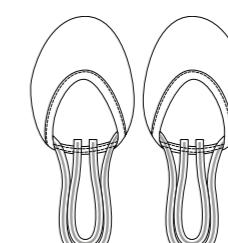
Material: Canvas

Color: ● Ballet Pink ○ White ● Black

### 03052L

Material: Leather

Color: ● Ballet Pink ○ White ● Black

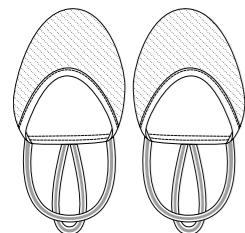


## Irina

A version with a lighter upper part to ensure maximum flexibility. Soft binding allows the shoe to adapt to the foot shape. Microfiber is a durable type of material which ensures that the shoe retains its shape and external appearance even during intensive workout sessions. Anti-slip sole guarantees perfect floor grip.



**03053**  
 Vamp: Low  
 Sole: Leather  
 Size: 2XS, XS, S, M, L, XL, 2XL  
 Widths: Medium  
 Material: Microfiber  
 Color: Ballet Pink

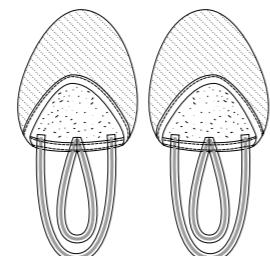


## Yana

This model features a faux suede upper and soft terry insole lining. The double elastics ensure a secure and snug fit.



**03054**  
 Vamp: Low  
 Sole: Faux Suede  
 Size: 2XS, XS, S, M, L, XL, 2XL  
 Widths: Medium  
 Material: Microfiber  
 Color: Ballet Pink



## Model 5

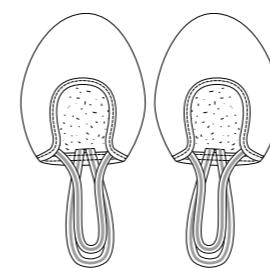
Special design and construction of the upper which is as open as possible. Extra protection for the toes is provided due to the specific binding. Flat seams guarantee maximum comfort. The foam insole with terry lining ensures soft jumps and rotations. This model has a lighter upper than Yana model. The sole made of artificial leather is exceptionally durable.



**03056**  
 Vamp: Low  
 Sole: Faux Suede  
 Size: XS, S, M, L, XL  
 Widths: Medium

**03056L**  
 Material: Leather  
 Color: Ballet Pink

**03056M**  
 Material: Microfiber  
 Color: Ballet Pink



## Foot protection "Misha"

Recommended for all types of contemporary dance, artistic and aesthetic gymnastics

- PU foam bonded sole decreases friction.
- developed for the ideal balance between freedom of movement and safety.
- natural split leather outsole provides non-slip effect and durability.
- reinforced toe bridge prevents tearing.
- latex elastic binding holds the thongs on feet firmly and comfortably.



**03014**  
 Sole: Natural leather  
 Size:  
 XS, S, M, L, XL, 2XL  
 Material:  
 86% polyamide micro,  
 14% elastane  
 Color: Beige



## Foot protection "Martha"

Recommended for all types of contemporary dance, artistic and aesthetic gymnastics - similar to 03014, but made of different main fabric - breathable shape-memory mesh for airy feel and extra comfort.



**03015**  
 Sole: Natural leather  
 Size:  
 XS, S, M, L, XL, 2XL  
 Material:  
 81% polyamide,  
 19% elastane  
 Color: Beige



# Greek sandal T-strap "Athena"

Greek style sandal. Exposed arch allows intricate movement full range and flexibility. 3 cm (1.18 inch) lightweight wooden heel and heel support plate allow unsurpassed comfort and support in the heel area. Suede sole made of the higher quality suede runs throughout the entire bottom of the shoe. Softest leather — inside and outside, forms to the foot.



Beige



Black

# Male ballet boots with pleats

Boots are 38 cm in height and come with a full leather sole with pleats and no heel and elastic inset panel. They can be made with a split thin sole (03227). Ballet boots need to fit very closely and snug on feet, so they should be made according to individual measurements.



**03228L**  
High: 38 cm Size: 4-13  
Material: Leather Sole: Full thin sole  
Color:  White  Black  Gold  Silver

# Boots "Clown"

You can choose between two design options: the "Bulldog" model with a voluminous rounded toe and the "Platypus" model with a flattened toe. The lace-up boots feature a 2 cm saddle cloth sole and an upper made from natural materials in various colors. The toe is made of white or black elastic genuine leather.



**03501**  
03501 B – “Bulldog”  
03501 U – “Platypus”  
Size: 4-12

# Male ballet boots with pleats

Boots are 38cm in height and come with elastic inset on the inside of the boots top. This model has a split thin leather sole with pleats, with no heel. They can be made with a full sole (03224). Ballet boots need to fit very closely and snug on feet, so they should be made according to individual measurements.



**03223L**  
High: 38 cm Size: 4-13  
Material: Leather Sole: Split thin sole  
Color:  White  Black  Gold  Silver

## Laced up male ballet boots with pleats and laces

The boots are 38 cm high and feature a split thin leather sole with pleats and no heel. They can be customized with a full sole (03226), contrasting upper edging, various trimmings, and inside lacing. For a proper fit, ballet boots should be made to individual measurements.



**03225L**  
High: 38 cm Size: 4-13  
Material: Leather Sole: Split thin sole  
Color:  White  Black  Gold  Silver

# Stretch Canvas boots with pleats

Boots are 38 cm in height and come with a split thin leather sole with pleats and no heel. The model has a decorative lapel with a smooth edging line. They can be made with a full sole. Ballet boots need to fit very closely and snug on feet, so they should be made according to individual measurements.



**03223X**  
High: 38 cm Size: 4-13  
Material: Stretch Canvas Sole: Split thin sole  
Color:  White  Black  Tan

# Stretch Canvas boots

Boots are 38 cm in height and come with a split thin leather sole and no heel. They can be made with a full sole. Ballet boots need to fit very closely and snug on feet, so they should be made according to individual measurements.



**03227X**  
High: 38 cm Size: 4-13  
Material: Stretch canvas Sole: Split thin sole  
Color:  White  Black  Tan

# WARM-UP BOOTIES

MACHINE WASHABLE UPTO 40 CYCLES  
PERFECT FOR EN-POINTE WARM-UP  
IDEAL FOR BREAKING-IN POINTE SHOES



## High Top warm-up booties

High-quality warm-up booties with a flexible outsole, perfect for warm-ups and between classes. Designed to be worn over pointe shoes to help shape them with natural body heat. Now available in new fashionable colors and patterns.



Sapphire

**M-68/1P**  
Shell: Waterproof, 100% polyester  
Padding: 100% polyester  
Lining: 100% polyester  
Sole: Anti-slip faux leather

### ADULT SIZES

Size: S, M, L, XL, 2XL

Color:

- Etabeta
- Electric Orange
- Crackle Black
- Amethyst
- Sapphire
- Vivid Violet
- Sterling Silver
- Magnetic Charcoal
- Magnetic Black

## Low Cut warm-up booties

A low-profile version of our best-selling booties with a secure toggle closure, soft felt lining, and a structured heel to keep them in place. Designed to wear over pointe shoes. Crafted from updated materials and offered in contemporary, fashion-forward colors.



Amethyst

**M-75P**  
Shell: Waterproof, 100% polyester  
Padding: 100% polyester  
Lining: 100% polyester  
Sole: Anti-slip faux leather

### ADULT SIZES

Size: S, M, L, XL, 2XL

Color:

- Etabeta
- Electric Orange
- Crackle Black
- Amethyst
- Sapphire
- Vivid Violet
- Sterling Silver
- Magnetic Charcoal
- Magnetic Black

## Low cut warm-up booties

Shorter top version of our best selling boots. Toggle added for a secure fit. Soft felt lining interior. Heel counter prevents slipping and keeps the bootie in place.

Our booties are also designed especially for wearing with pointe shoes, they are a perfect tool to shape pointe shoes to the dancer's foot with the natural heat of the body.

Available in adult sizes.



Coffee



Light Blue



Black

### M-75

Shell: Waterproof, 100% polyester

Padding: 100% polyester

Lining: 100% polyester

Sole: Anti-slip faux leather

### ADULT SIZES

Size: S, M, L, XL, 2XL

Color:

- Metallic Poppy
- Metallic Navy
- Metallic Purple
- Metallic Lilac
- Metallic Green
- Metallic Mystique
- Reflector-1
- Dark Reflect
- Wavy Old Gold
- Wavy Blue Steel
- Wavy Dark Silver
- Wavy Black
- Dark Side
- Coffee
- Light Blue
- Pink
- Black

## Warm-up booties

Our booties are a hit everywhere they arrive. Unsurpassed quality. These boots feature a flexible outsole that is perfect for warm-ups and in-between classes. Our booties are also designed especially for wearing with pointe shoes, they are a perfect tool to shape pointe shoes to the dancer's foot with the natural heat of the body. Available in youth and adult sizes.



Reflector-1

### M-68/1

#### ADULT SIZES

Size: S, M, L, XL, 2XL, 3XL, 4XL, 5XL

Shell: Waterproof, 100% polyester

Padding: 100% polyester

Lining: 100% polyester

Sole: Anti-slip faux leather

Color:

- Metallic Poppy
- Metallic Navy
- Metallic Purple
- Metallic Lilac
- Metallic Green
- Metallic Mystique
- Reflector-1
- Dark Reflect
- Wavy Old Gold
- Wavy Blue Steel
- Wavy Dark Silver
- Wavy Black
- Dark Side
- Coffee
- Light Blue
- Pink
- Black

### M-68/1D

#### KIDS SIZES

Size: 2XS, XS

## Split sole low cut warm-up booties

Bringing the warm-up and stretching to a new level! Unique construction allows folding the sole in half and gives unsurpassed flexibility. The soft felt lining interior is very cozy.

A perfect tool to break in the pointe shoes to the dancer's foot with the natural heat of the body.



Pink

### M-75S

Shell: Waterproof, 100% polyester

Padding: 100% polyester

Lining: 100% polyester

Sole: Anti-slip faux leather

### ADULT SIZES

Size: S, M, L, XL, 2XL

Color:

- Metallic Poppy
- Metallic Navy
- Metallic Purple
- Metallic Lilac
- Metallic Green
- Metallic Mystique
- Reflector-1
- Dark Reflect
- Wavy Old Gold
- Wavy Blue Steel
- Wavy Dark Silver
- Wavy Black
- Dark Side
- Coffee
- Light Blue
- Pink
- Black

# HAIR ACCESSORIES

All hair accessories come in five colors, so you can choose the perfect one for your hair color.



## Grishko Invisible Hair Nets

Ensure your ballet bun stays neat and polished with Grishko Invisible Hair Nets. Expertly color-matched to blend seamlessly with your hair, these hair nets provide a flawless finish. Each package contains three hair nets for long-lasting use.

### HA2005G

95% nylon, 5% rubber

Color: ● Black ● Light Brown  
● Blonde ● Medium Brown ● Dark Brown



## Grishko Bobby Pins

Specifically designed for dancers, these bobby pins are perfect for creating flawless ballet buns and elegant updos. Each package contains 24 bobby pins, offering both strength and style to keep your hair securely in place.

### HA2006G

Material: 100% metal

Color: ● Black ● Light Brown  
● Blonde ● Medium Brown ● Dark Brown



## Grishko Hair Elastics

These perfectly color-matched elastics blend seamlessly with your hair, providing a secure and comfortable hold for all your styling needs. Each package includes fifteen elastics, ensuring you always have the perfect accessory on hand.

### HA1001G

Material: 80% polyester, 20% elastane

Color: ● Black ● Light Brown  
● Blonde ● Medium Brown ● Dark Brown



## Grishko Hair Pins SHORT

Specially designed for dancers, these hair pins help keep your bun neat and secure during performances and practice. Each package contains fifteen 5 cm hair pins, available in your choice of five classic colors, offering both style and functionality.

### HA2002G

Material: 100% metal

Color: ● Black ● Light Brown  
● Blonde ● Medium Brown ● Dark Brown



## Grishko Hair Pins MEDIUM

These hair pins are expertly designed for dancers, ensuring your bun stays neat and tidy throughout any routine. Each package contains fifteen 6.35 cm hair pins, available in five timeless colors to suit your style.

### HA2003G

Material: 100% metal

Color: ● Black ● Light Brown  
● Blonde ● Medium Brown ● Dark Brown



## Grishko Hair Pins LONG

Specially crafted for dancers, these hair pins ensure your bun stays perfectly kempt during any performance. Each package includes fifteen 7 cm hair pins, available in your choice of five classic colors, combining style and function.

### HA2004G

Material: 100% metal

Color: ● Black ● Light Brown  
● Blonde ● Medium Brown ● Dark Brown



# TRAINING TOOLS



## Loop resistance bands

Loop Bands are meticulously crafted from highly durable dipped latex, ensuring longevity and consistent performance even with rigorous use. Their compact design makes them ideal for both in-studio training sessions and at-home exercises, offering unparalleled versatility.



### TT001G

Size: 60 x 8 cm

Pack of three resistance levels:

- Lavender – LIGHT 0.4 mm
- Orange – MEDIUM 0.5 mm
- Sky Blue – HEAVY 0.7 mm

## Resistance bands

Resistance Bands are an indispensable tool for dancers of all ages and experience levels. Whether you are looking to enhance your flexibility, build muscle strength, or rehabilitate injuries, these bands offer the perfect solution. The distinctive colors and resistance levels allow for easy identification and progression in your training regimen.

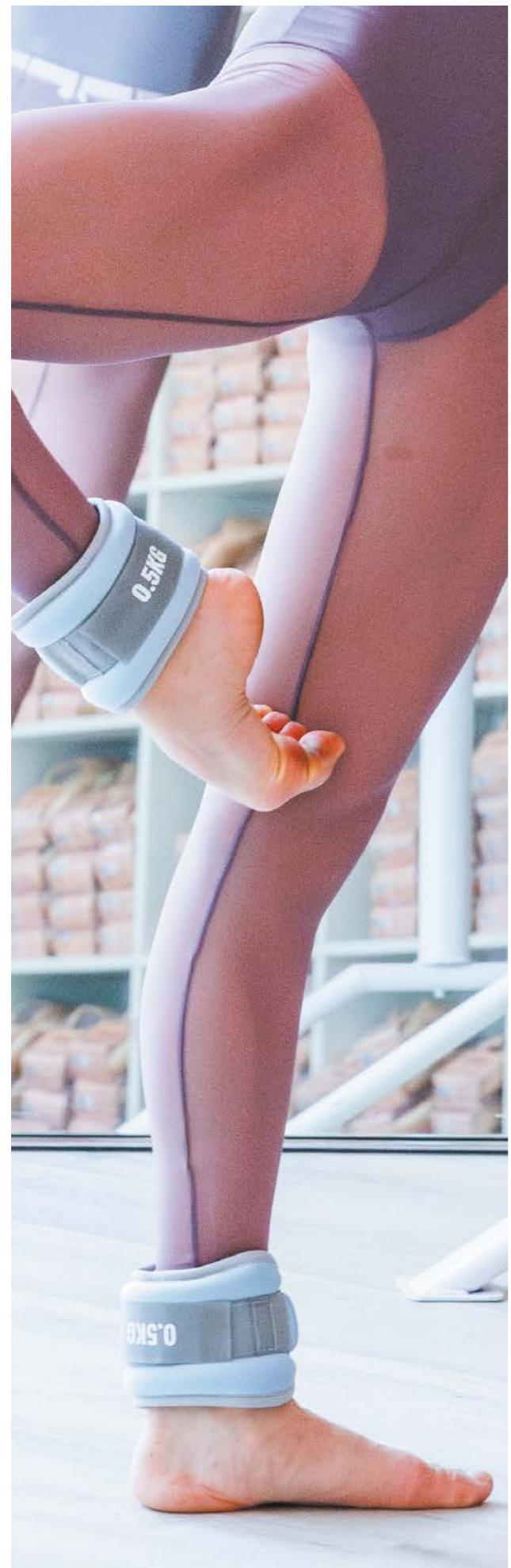


### TT002G

Size: 150 x 15 cm

Pack of four resistance levels:

- Dusty Pink – LIGHT 0.35 mm
- Dusty Lavender – MEDIUM 0.45 mm
- Dusty Mint – HEAVY 0.55 mm
- Light Grey – EXTRA HEAVY 0.65 m



## 0.5 kg Ankle weights

As a ballet dancer looking to enhance your training regimen, consider the 0.5kg Ankle Weights designed specifically for strength training and fitness activities. These ankle weights are a versatile tool tailored to meet the unique needs of ballet dancers aiming to strengthen their lower body, improve balance, and enhance flexibility.



**TT007G**

Size: 0.3 /0.5 KG/PCS  
2 Weights  
1.1lbs each



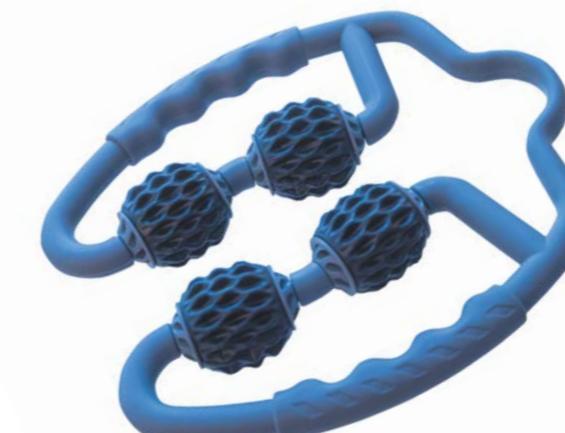
## Dual rolling leg massager

Restore Leg Massager is an indispensable tool for ballet dancers aiming to maintain flexibility, alleviate muscle pain, and enhance recovery. Its durable design and targeted relief capabilities make it a perfect addition to your daily routine.



**TT003G**

Size: 25 x 5.8 x 29 cm



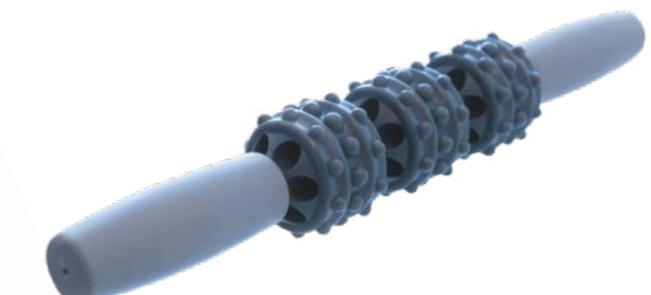
## Restore massage stick

Restore Pressure Point Muscle Roller Massage Stick with three roller balls is an excellent tool for ballet dancers to incorporate into their recovery routine. This massage stick, also known as a recovery stick or muscle roller stick, is designed for deep tissue self-massage to aid in pre and post-workout muscle recovery, particularly beneficial for the leg area.



**TT004G**

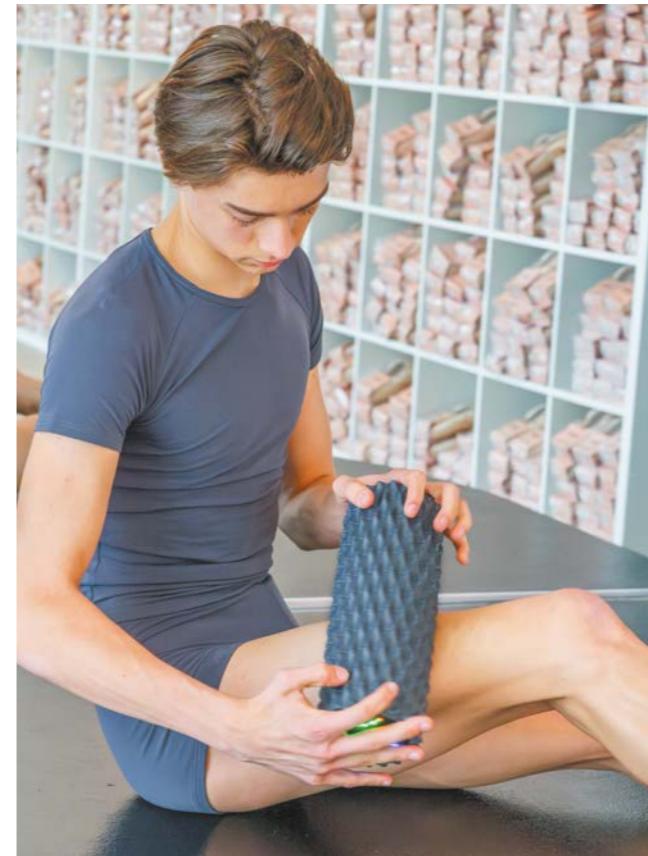
Size: 31.3 x 5 cm





## Vibrating foam roller

Elevate your ballet training and recovery with the Vibrating Foam Roller, tailored specifically for the demands of ballet dancers. This high-density massage roller offers five adjustable speed settings to deliver targeted, deep tissue relief, effectively alleviating back pain and muscle soreness. Designed to enhance flexibility, reduce stiffness, and aid in muscle recovery, this foam roller is an essential addition to any dancer's toolkit.

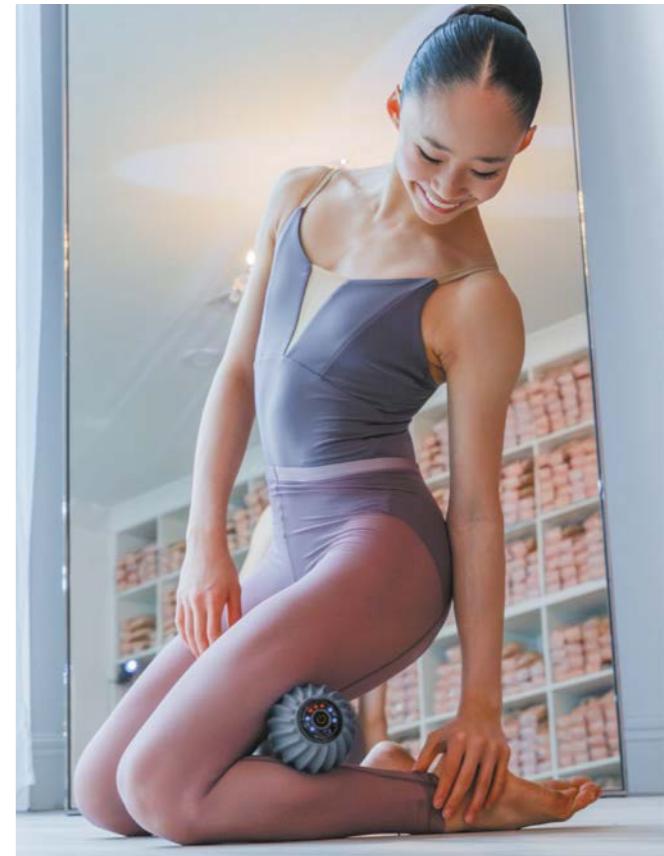


**TT005VG**  
Size: 29 x 11 cm



## Vibrating peanut foam roller

Introducing the Vibrating Peanut Massage Roller, an essential tool designed specifically to cater to the unique needs of ballet dancers. This electric double lacrosse massage ball provides targeted deep tissue relief with four adjustable intensities, making it perfect for muscle pain relief, warm-up, and recovery. Compact and portable, it's an ideal companion for your dance bag.



**TT006VG**  
Size: 18 x 10 cm



# BAGS & ACCESSORIES



## Small Dance Bag

Our latest creation will be beloved by every little dancer who needs a bag to carry all their essentials. This beautiful puff bag is available in six gorgeous colors and features the perfect amount of space to fit everything a dance student needs. Plus our zipper pull is an adorable tiny pointe shoe!

NEW



Black



### BC017BAG

Material: 80% polyester, 20% polyurethane

Color: ● Coffee ● Light Blue ● Lilac  
● Pink ● Black ● Lavender

## Ideal Garment Bag

So many zippered pockets – three on the front and one on the back – for all your storage needs plus an ID spot to keep your belongings safe. The main compartment features our pointe shoe zipper pull. Mainly clear on the front for ease of visibility and mainly black on the back. Measures at 99 x 61 cm.

NEW



Black



### BC018BAG

Material: 80% polyester, 20% polyurethane

Color: ● Black



## Puff Tutu Bag

Is the perfect accessory for ballerinas! This stylish bag comes in five trendy colors: black, pink, light blue, coffee, and reflector. With two convenient carry handles, it easily fits several ballet tutus while providing reliable protection against creases and dirt. An essential companion for rehearsals and performances!



### BC011BAG

Color: ● Coffee ● Light Blue  
● Pink ● Black

Material: 80% polyester, 20% polyurethane

### BC011BAGR

Color: ● Reflector

## Tutu Bag Kids

Specially curated for our children's size tutus, this puff tutu bag is the perfect size for our 4-layer child pancake tutu. Identical quilted material as in the adult size puff tutu bag, this child size is offered only in Pink.



### BC016BAG

Material: 80% polyester, 20% polyurethane  
Color: ● Pink

## Nylon 290 Tutu Bag

Incredibly durable material that will hold multiple tutus and keep them safe during all your competition season travels. Comfortable handles and extra strong zippers. Black only.



### BC015BAG

Color: ● Black

Material: 80% polyester, 20% polyurethane

## Large Road Bag

This stylish and chic duffel bag is the ultimate dance companion, offering the perfect blend of form and function. Crafted from our quilted material and available in four vibrant colors, it's designed to keep up with your every move. The spacious main compartment ensures you have room for all your essentials, while two handy outer pockets provide a convenient spot for separating wet or dirty items. Measuring approximately 48 cm by 33 cm, this duffel is the ideal size for every dancer on the go.



Light Blue

**BC001BAG**

Material: 80% polyester, 20% polyurethane

Color: ● Coffee ● Light Blue  
● Pink ● Black

## Medium tote bag with zipper

Elevate your style with this on-trend quilted tote, designed to be both functional and fabulous! With small pockets on each side, you can securely store your cell phone and AirPods. Choose from four chic colors to match your look. The tote features a front pocket and a spacious main compartment, both equipped with zippers to keep all your dance gear organized and safe. Measuring approximately 40 cm by 33 cm, it's the perfect size for all your essentials.



Pink

**BC002BAG**

Material: 80% polyester, 20% polyurethane

Color: ● Coffee ● Light Blue  
● Pink ● Black

## Grishko satchel

Utilize this drawstring bag to store your dance shoes so the soles don't transfer dirt onto your gorgeous garments! Four colors to suit your personality. Not suitable for pointe shoes as they won't dry out properly. Measures roughly at 50 cm x 28 cm.



All colors



Light Blue

## Large tote (Bucket)

Tired of cramming your tutu into oversized bags? This spacious tote is the perfect solution! Its roomy main compartment easily fits your tutu and more, with a secure zippered closure to keep everything safe. A small zippered pocket on the back is great for essentials. Available in four colors, it measures about 60 cm by 55 cm, making it a versatile choice for all your needs.



All colors



Coffee

**BC005BAG**

Material: 80% polyester, 20% polyurethane

Color: ● Coffee ● Light Blue  
● Pink ● Black

**BC006BAG**

Material: 80% polyester, 20% polyurethane

Color: ● Coffee ● Light Blue  
● Pink ● Black



## Pointe Shoe Marvel

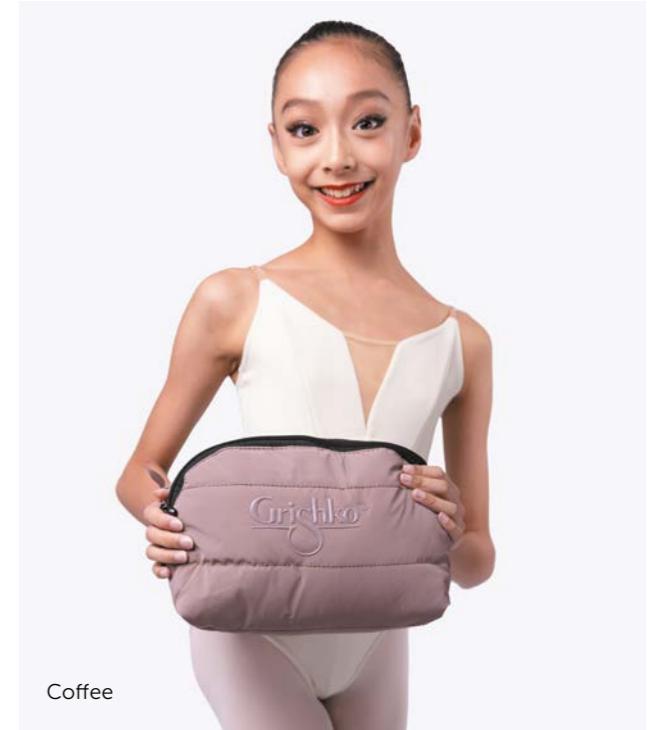
You'll be amazed by this incredible travel accessory bag! Designed with two mesh pockets, it's perfect for storing your pointe shoes after practice, allowing them to air out and dry properly. The accessory pockets are equipped with a protective silicone cover and a convenient hanger, making it easy to use and transport. This bag is a game-changer for keeping your dance gear fresh and organized on the go.



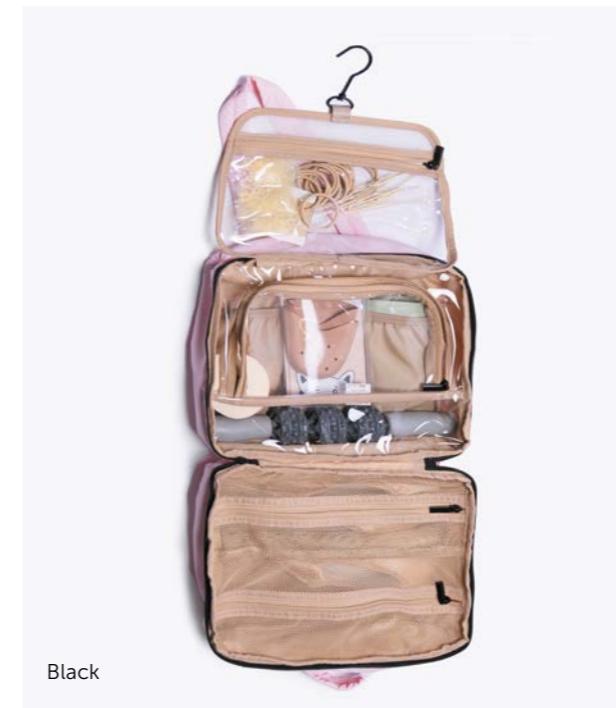
Pink

## Cosmetic Bag

This compact, yet spacious bag is perfect for keeping all your cosmetics organized and within reach. Crafted from our classic quilted material and available in four timeless colors, it combines style with practicality. Measuring approximately 25 cm by 15 cm, it's the ideal size for neatly storing your beauty essentials.



Coffee



Black



Pink

### BC003BAG

Material: 80% polyester, 20% polyurethane

Color: ● Coffee ● Light Blue  
● Pink ● Black

### BC004BAG

Material: 80% polyester, 20% polyurethane

Color: ● Coffee ● Light Blue  
● Pink ● Black

## Supra Backpack

Elegant and practical, this stunning backpack combines ample space with sophisticated style. It features two side pockets and a top pocket, each adorned with our exquisite metal pointe shoe zipper pulls. The roomy interior boasts a delicate patterned lining, making it easy to find exactly what you need. Measuring approximately 46 cm by 28 cm, this backpack is the perfect blend of functionality and fashion.



Black

**BC007BAG**

Material: 80% polyester, 20% polyurethane  
Color: ● Black

## Supra Duffel Bag

You'll adore the size and sophistication of this charming duffel! Elegantly designed, it offers everything you need for your dance bag: choose between shoulder or hand straps for versatile carrying, enjoy the pretty zipper pulls, and revel in the luxurious lining. With ample storage space for all your essentials and more, this duffel measures approximately 47 cm by 30 cm, combining functionality with a touch of glamour.



Black

**BC008BAG**

Material: 80% polyester, 20% polyurethane  
Color: ● Black

## Crossbody/Belt Bag

This stylish and versatile accessory is perfect for when you want to travel light while proudly displaying your love for Grishko. Designed to double as a convenient belt bag, it features two small zippered pockets with elegant zipper pulls and a charming interior lining. The adjustable strap ensures a secure and comfortable fit, keeping your valuables close and safe. Compact and practical, it measures approximately 25 cm by 17 cm, making it the ideal companion for your on-the-go adventures.



Black

**BC009BAG**

Material: 80% polyester, 20% polyurethane  
Color: ● Black

## Toiletries Bag

This versatile see-through bag is perfect for carrying whatever your heart desires — cosmetics, hair products, and other small essentials. Adding a touch of elegance, the zipper pull is adorned with a charming metal pointe shoe. Compact and stylish, the bag measures approximately 28 cm by 15 cm, making it both practical and chic for everyday use.



Black

**BC010BAG**

Material: 80% polyester, 20% polyurethane  
Color: ● Black

## City Bag

This super sleek dance bag is available in four stunning colors, offering both style and function. It features easy-to-carry handles and a convenient shoulder strap for versatile wear. The main compartment and small exterior pockets are all equipped with secure zipper closures, accented by our delightful metal pointe shoe zipper pulls. Designed for dancers on the go that have the best style.



Hunter



### BS015TTG

Material: 80% polyester, 20% polyurethane

Color: ● Poppy ● Purple  
● Hunter ● Black

## City Tote

This medium-sized tote is designed for both style and convenience, featuring two long shoulder straps for easy carrying. The zippered main compartment securely holds all your essentials, while the exterior pockets provide additional storage—one with a zipper on the front and another with a Velcro closure on the back.



Poppy



### BS016TTG

Material: 80% polyester, 20% polyurethane

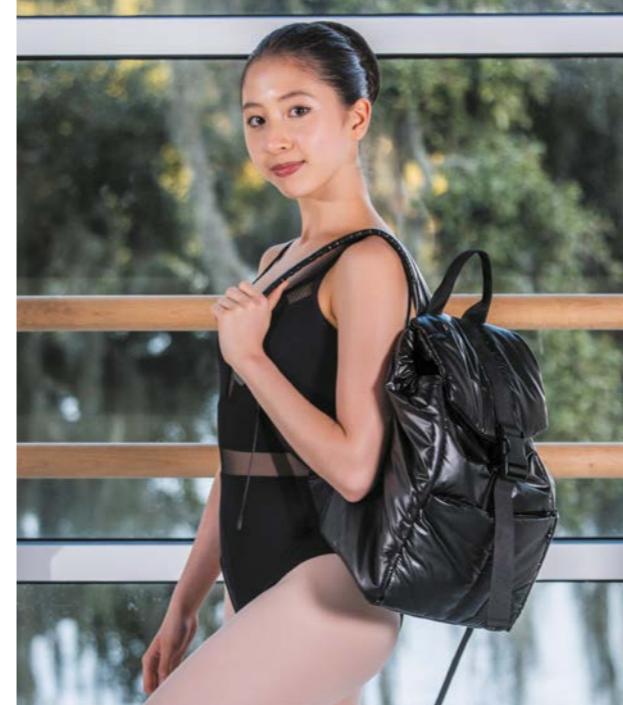
Color: ● Poppy ● Purple  
● Hunter ● Black

## City Backpack

Designed with simplicity and functionality in mind, this backpack suits every need. The padded and adjustable shoulder straps provide maximum comfort, while the cinch-top closure with a secure drawstring ensures your belongings stay safe. With ample space inside, it offers plenty of room for all your essential dance gear.



Black



### BS017TTG

Material: 80% polyester, 20% polyurethane

Color: ● Poppy ● Purple  
● Hunter ● Black

## 4 Slot Pointe Shoe Bag 2 Zippers

This great bag features a protective zip lid, and soft slots. Mainly made for pointe shoes, this bag can house four pairs of pointe shoes, as well as a wide variety of other dance shoes and essentials. Two side pockets can carry a bottle of water or different accessories.

### BC012BAG

Material: 100% polyester

Color: ● Coffee ● Light Blue ● Reflector  
● Pink ● Black

## 4 Slot Pointe Shoe One Zipper One Pocket

This great bag features a protective zip lid, and soft slots. Mainly made for pointe shoes, this bag can house four pairs of worn pointe shoes, as well as a wide variety of other dance shoes and accessories. One side pocket for easy reach.

### BC013BAG

Material: 100% polyester

Color: ● Coffee ● Light Blue ● Reflector  
● Pink ● Black



## 18-slot Fitter Bag

This eighteen slot pointe shoe fitter bag is perfect for any retailer that does traveling fittings. The slots are designed to house 3 widths and 6 sizes across the board. Protective lid will ensure that no elements will wet your shoes. Every slot is padded to provide sufficient protection to the integrity of a pointe shoe.



**0234**

Material: 100% polyester  
Size: 50 x 25 x 25 cm

Color:  
● Etabta  
● Electric Orange  
● Crackle Black  
● Amethyst

● Sapphire  
● Vivid Violet  
● Sterling Silver  
● Magnetic Charcoal  
● Magnetic Black

● Metallic Poppy  
● Metallic Navy  
● Metallic Purple  
● Metallic Lilac  
● Metallic Green  
● Metallic Mystique

● Reflector-1  
● Dark Reflector  
● Wavy Old Gold  
● Wavy Blue Steel  
● Wavy Dark Silver  
● Wavy Black

## Plush Toy Doll

GRISHA BOY CAT  
GIRL GREEN  
GIRL PINK  
GIRL PINK

**PTGRI15G**  
15 cm tall

## Plush Toy Doll

GRISHA BOY CAT  
GIRL GREEN  
GIRL PINK  
GIRL PINK

**PTGRI10G**  
10 cm tall



## Souvenir tutu

**0490**

Size: 9 cm  
Color: Tulle color chart



## Key Chain

**KC001G**

Color: Black shiny, Silver shiny, Gold shiny



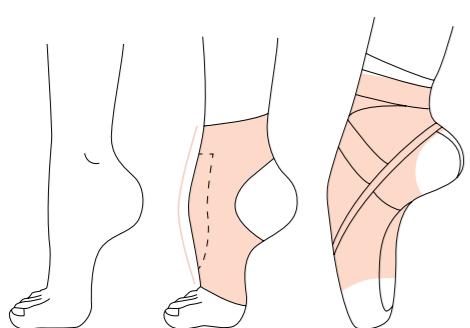
## Silicone arch booster

Perfect for dancers with lower arch. Invisible under tights. Available in multiple sizes for perfect fit and compression support. Confidence booster for stage and auditions.



### 0558

Material: Stretch fabric, silicone  
Silicone insert's size: S, M, L  
Sock's size: S (34 – 35),  
M (36 – 37,5),  
L (38 – 39,5)



## Pointe shoe covers

An ideal item for dancers backstage and between classes, they will keep your pointe shoes clean and stage ready.

Pointe shoe protectors ideally fit and guarantee longer lifespan of your pointe shoes. Made of natural cotton to be breathable and hygienic.



### 0560

Composition:  
88% cotton, 10% polyamide, 2% elastane  
Sole: faux leather: 50% nylon, 50% PU  
Size:  
S – for pointe shoes size 2,5 – 3  
M – for pointe shoes size 3,5 – 4,5  
L – for pointe shoes size 5 – 6  
XL – for pointe shoes size 6,5 – 8



## Sewing Kit

The ultimate lifesaving accessory for every dancer. Whether you're sewing a new pair of pointe shoes or preparing for an unexpected emergency.



**SK002G**  
19 METERS OF REPLACEMENT  
THREAD

**SK001G**  
SEWING KIT

- 1 Thimble.
- 4 Safety pins.
- 1 Seam Ripper.
- 1 Gypsy needle.
- 2 Regular needles.
- 1 Needle Threader.
- 1 Pair of compact scissors.
- 1 Magnet with sewing instructions.
- 21 Yards of premium pointe shoe thread.

For added convenience, the inside lid of the tin features a magnet with sewing instructions to keep your lose safety pins and needles secure and easy to locate. The Grishko Premium Sewing Kit ensures you're always prepared, no matter where your dance journey takes you.

## Platform caps

**0555**

Material: Split Leather  
Size: S, M



## Anti-slip platform caps

**0556**

Material: Split Leather  
Size: one size



## 8-cut anti-slip platform caps

**0557**

Material: Split Leather  
Size: one size



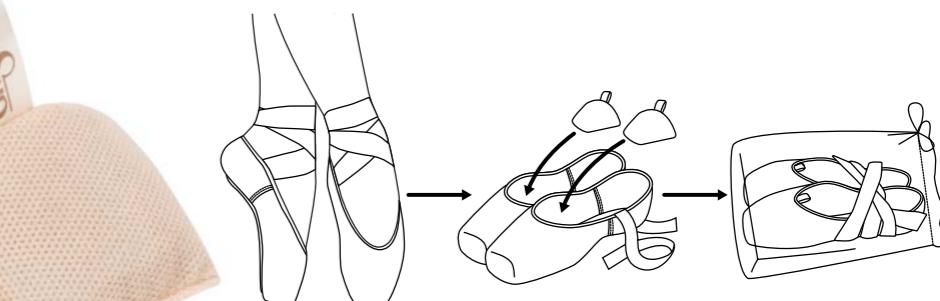
## Pointe shoe dryers

**0559**

Color: ● Pink  
Filler: Silica Gel



This is something every fitter should offer with every pair of pointe shoes. These little helpers work wonders, eliminating the smell and pulling moisture right out of used pointe shoes. Our dryers add at least 30% lifespan to the box of your dancers pointe shoes. They must be replaced every three months for best results.



MORE SUPPORT

MORE FLEXION

## CLASSICAL RIBBONS

Classical satin and cotton ribbons for dancers of all levels. Tightly secure the pointe shoe on the foot, provide maximum support.

### Satin ribbon

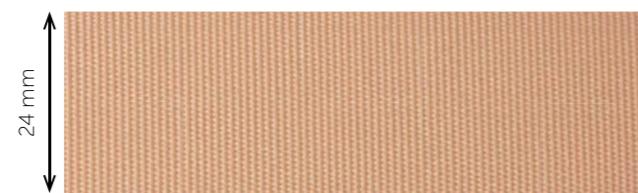
**0510/9**  
Width: 24 mm  
Pack of 2 m  
Color: ● Ballet Pink ● Dark Nude



Satin ribbon of white, black, ballet pink colors to match pointe shoes. Classic look with a light sheer.

### Cotton ribbon

**0510/1**  
Width: 24 mm  
Pack of 2 m  
Color: ● Ballet Pink



Cotton-like ribbon as matte surface prevents the ribbon from sliding off and grants a classic look.

### Satin ribbon with silicone

**0002/6**  
Width: 25 mm  
Pack of 2 m  
Color: ● Ballet Pink



Satin ribbon with silicone is perfect for dancing without tights as silicone securely fixes the ribbon on naked skin.

## HYBRID RIBBONS

A perfect balance that gives you enough support but allows a greater range of movement.

### Satin ribbon with pre-sewn elastic

**0510/4**  
Width: 24 mm  
Pack of 2.2 m (4 x 60 cm)  
Color: ● Ballet Pink



### Satin ribbon with pre-sewn mesh elastic

**0510/3**  
Width: 24 mm  
Pack of 2.2 m (4 x 60 cm)  
Color: ● Ballet Pink



Features elastic inserts that are placed on the Achilles tendon. The inserts reduce pressure on this sensitive area and help prevent tendonitis. A bestseller that combines the flexibility of mesh / elastic mesh and the classic look of satin ribbons.

## ELASTICIZED RIBBON

Maximum flexibility that allows natural flexion of your heel and ankle.

### Elasticized ribbon

**0002/7**  
Width: 25 mm  
Pack of 2 m  
Color: ● Ballet Pink



The elasticized ribbon feels very comfortable while dancing.

## ELASTICS

Elastics are usually used in addition to ribbons to provide flexible fixing of pointe shoes on the feet. Some professional dancers use only elastics to fix their pointe shoes and create a contemporary look.

### Mesh elastic

**0002/3**  
Width: 25 mm  
Pack of 1 m  
Color: ● Ballet Pink



Mesh elastic for those who prefer flexible fixing of the arch and ankle. Match the color of pointe shoes and theatrical pink ballet tights.

### Transparent mesh elastic

**0002/2**  
Width: 28 mm  
Pack of 1 m  
Color: ● White



Grants a flexible fixing, being almost invisible even on the naked skin. Choose between transparent and nude to match the color of pointe shoes and tights.

### Elastic

**0002/1**  
Width: 13 mm  
Pack of 1 m  
Color: ● Ballet Pink ○ White ● Black ● Tan



Best option for soft ballet shoes and contemporary dance.

## Moleskin toe pads



### 1020 LIGHT

Size: S, M, L, XL  
Color: ● Light Pink

Supportive and soft toe pads for the best possible fit and comfort. The extra-thin design allows dancers to feel the floor while preventing blisters and corns. This innovative pad is adjustable in length, just cut them down to your dancer's foot.

## Cotton-gel toe pads

### 1008/1

Color:  
● Pink



### 1008/2

Color:  
● Pink



## Perforated silicone toe pads

### 1010A

Color:  
○ White



### 1010B

Color:  
● Pink



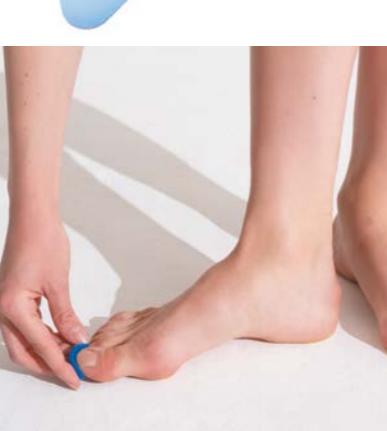
## Mini silicone toe pads

### 1007

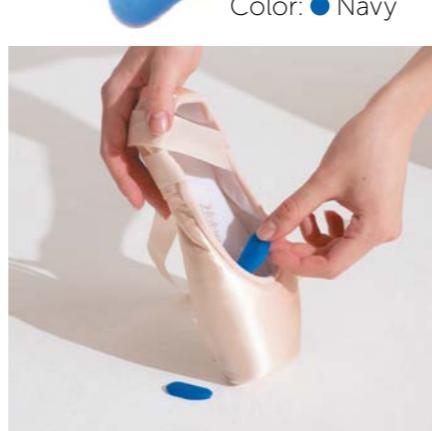
Size: S  
GRISHKO® pointe  
shoes size 0,5 – 3,5  
Color: ● Pink



Size: M  
GRISHKO® pointe  
shoes size 3,5 – 6,5  
Color: ● Blue



Size: L  
GRISHKO® pointe  
shoes size 6,5 – 8  
Color: ● Navy



## Silicone toe pads

### 1009A

Color:  
○ White



### 1009B

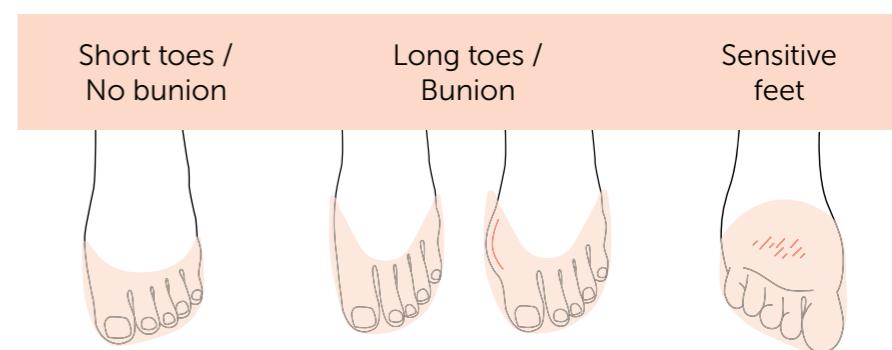
Color:  
● Pink



## HOW TO CHOOSE

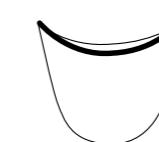
### REMEMBER!

No space should be left between the pointe shoe inserts and toes, and inserts should always cover bunions. The comfort in the box depends on correctly fitted pointe shoes and pads.

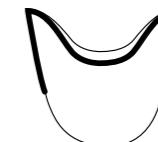


## SILICONE TOE PADS

Made of medical silicone to protect foot: thick in the bottom, thin on the toes.



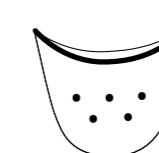
ART. 1009A



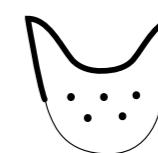
ART. 1009B

## PERFORATED SILICONE TOE PADS

Microperforation makes these pads breathable.



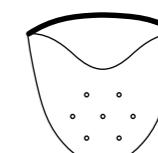
ART. 1010A



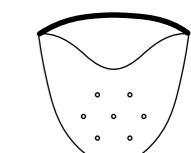
ART. 1010B

## MOLESKIN TOE PADS

Extremely thin with a soft-to-touch moleskin upper lining these toe pads will fit your foot like a glove, providing unsurpassed comfort.



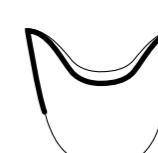
ART. 1020, 1021,  
1022



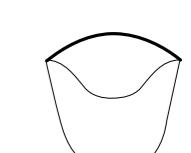
ART. 1020, 1021,  
1022

## COTTON-GEL TOE PADS

Covered with natural cotton, these pads are thicker than silicone alternatives and can increase the width of your pointe shoe by up to 1/2 size.



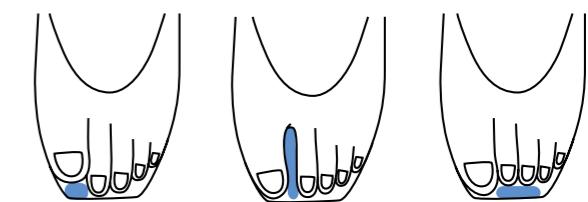
ART. 1008/1



ART. 1008/2

## MINI SILICONE TOE PADS

Can be used on their own or in addition to any other pads above. Use one or two mini silicone pads to separate toes when needed, and remember they have different sizes that allow ballerinas to combine them different ways. Strongly recommended if there is large space between toes.

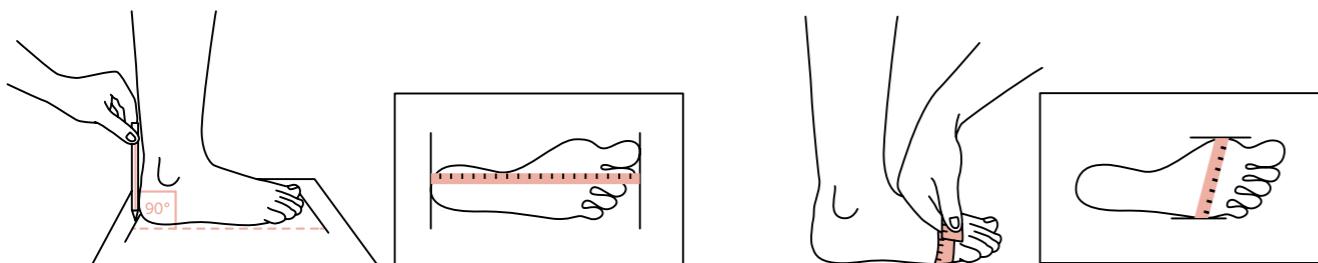


ART. 1007

# HOW TO FIND YOUR RIGHT SIZE

How to measure and identify GRISHKO® pointe shoe size:

- 1) Take a piece of A4 paper and put ballerinas' foot on it, draw the contour of the foot with a pencil; the pencil should be held under an angle of 90° (perpendicularly). Draw and measure the left and right foot, as they can differ.
- 2) Measure the distance from the heel to the endpoint of the toe (in mm);
- 3) Find the result of the measurements in the table. In case the measurement is between two sizes, we recommend taking a bigger one, as pads and tights also have a certain thickness.



## How to choose the width

GRISHKO® offers pointe shoes in 7 different widths:

N – for extremely narrow feet

X – for narrow feet

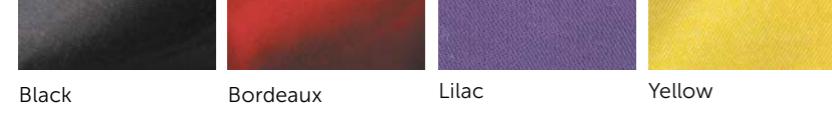
XX and XXX – for medium feet

XXXX – for wide feet

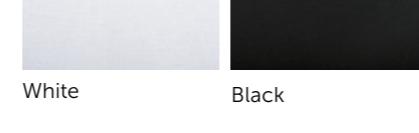
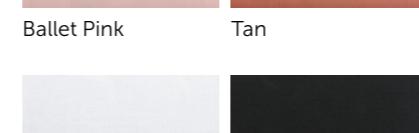
XXXXX-XXXXXX – for super wide feet

Measure your foot at its widest place (where the bunions are) to identify the required width the pointe shoes. Relate the result to the table data and identify your width. It is recommended to choose a width that provides a firm and painless fit. If you notice wrinkles on the fabric and gaps between the shoe and the foot, it means you need less width.

## Pointe shoe color chart. Satin



## Canvas



## CUSTOM POINTE SHOE ORDER FORM

Grishko®

Dancer name \_\_\_\_\_

Retailer \_\_\_\_\_

Date \_\_\_\_\_

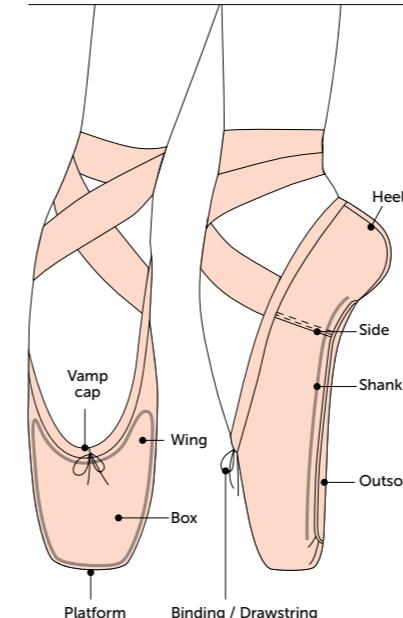
MODEL \_\_\_\_\_

SIZE  
 0,5    1    1,5    2    2,5    3    3,5    4    4,5  
 5    5,5    6    6,5    7    7,5    8    8,5    9  
 9,5    10    10,5    11

WIDTH \_\_\_\_\_

SHANK \_\_\_\_\_

Notes \_\_\_\_\_



+7 (495) 980-91-13  
grishkoshop.com

### Slightly complex Apply 1 to 3 features

**Vamp shape**  V to U  U to V  higher/lower \_\_\_\_\_ mm  
 No  Elastic  Cotton  Elasticated Binding

**Sides height**  higher/lower \_\_\_\_\_ mm **Box height**  1/2  3/4  Full

**Heel construction**  Anti-slip Microfiber  Double Upper Satin **Heel height**  higher/lower \_\_\_\_\_ mm **Upper**  Canvas  Satin  Double Upper Satin

**Platform cap**  Glued Suede Cap  Split leather **Easy roll-through**  Add  Remove **Lining and padding**  Soft Miracle Lining  Foam Tip Pad

**Vegan outsole**  Yes **Two different sizes in one pair**

**Color**  
**CANVAS**  
 Ballet Pink (Standard)  Black  Blue  Bordeaux  White  
 White  Pink  Lilac  Red  
 Tan  Dark Nude  Black  Yellow  Green

**Complex** Apply 1 feature + 4-5 features from Slightly complex  
**Wing Adjustment**  High  Medium  Reinforced **Shank**  1/2  3/4  2/3  Whole  
 higher/lower \_\_\_\_\_ mm

**Box paste**  Reinforced **Padding**  Gel Tip Pad

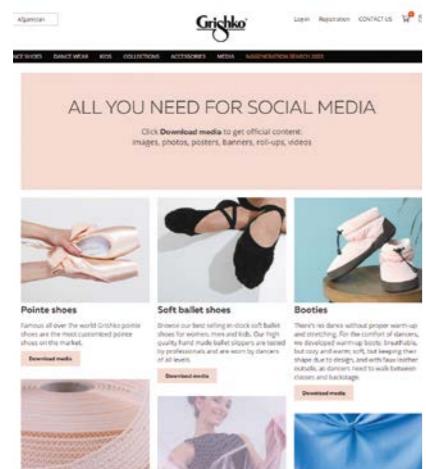
**Highly complex** Apply 1 feature + 6-7 features from any of the previous offers

**Intermediate Sizes**  +1/2 to the Size **Intermediate Width**  +1/2 to the Width **Broader Platform**  (up to 20%) **Platform cap**  Sewn-in Suede Cap  Machine Stitched only

**Complete customization** Applying 8 or more changes to the shoes

# HOW WE HELP RETAILERS BOOST SALES

When our retailers prosper, we prosper, too. That is why we have a wide range of marketing tools to help you sell our products.



## MEDIA MATERIALS AND DESIGN

We provide retailers with high-resolution photos of our products that you can use in store or online. We can also create designs for your stand, brochures and other promotional materials that feature our products on request. Contact your international brand manager or your sales representative to discuss if you need any promo materials.



## AMBASSADORS

To better promote GRISHKO® products, you can rely on the strong brand image we built both on social media and in the professional world of ballet with the help of our ambassadors.

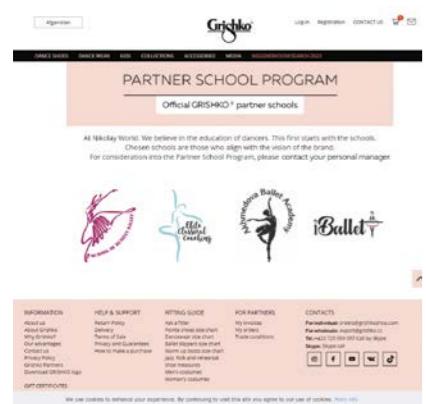


### GRISHKO® Brand Ambassadors

are the first level of our Ambassador Program. We engage professional ballet artists – soloists and principal dancers – as well as promising young talents who inspire hundreds of thousands of ballet lovers all over the world.

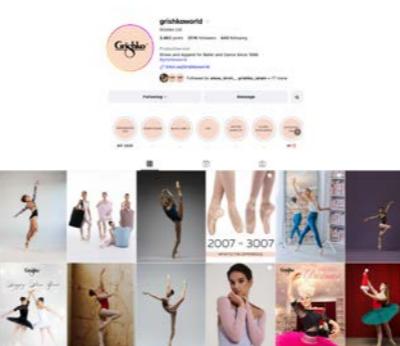
Our Brand Ambassadors are true icons of dance, winners of most prestigious ballet contests who have both impeccable ballet technique and strong media presence. Together, they promote the GRISHKO® brand and embody our motto – **LIVE YOUR DREAM**.

They have an official contract, get regular support from the brand, and participate in the brand events.



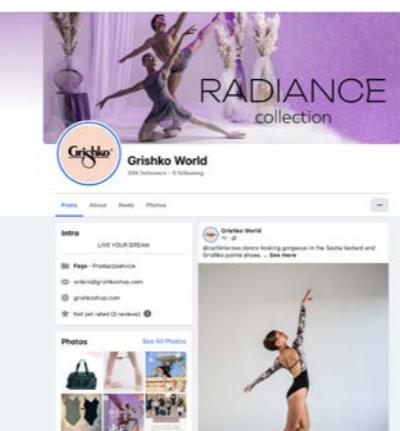
## PARTNER SCHOOLS

We are a retailer-centric company, therefore we created a program uniting ballet schools, retailers, and an amazing quality. For consideration into the Partner School Program, please contact your personal manager.



grishkoworld

@grishkoworld is great opportunity to feature your store and share all the news regarding new arrivals and in-store events announcements.



grishko world

## FOR FEET WITH MEDIUM AND HIGH ARCH

Recommended lasts: 2007, SmartPointe, Fouetté

ATTENTION:

Size chart is provided as a reference and an approximate guide only and does not guarantee an exact or perfect fit.

The proper fit of pointe shoes depends on individual foot shape and toe pads used by dancer.

The recommended way to determine correct pointe shoe size is to be fitted in local shop.

KIDS SIZES	Griegko® size	Vamp height		Foot length		Width (ball of foot circumference)													
						narrow				medium				wide					
		N		X		XX		XXX		XXXX		XXXXX		XXXXXX					
		mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches
ADULTS SIZES	1/2	45	1.77	195-200	7.68-7.87	192	7.24	197	7.76	202	7.95	207	8.15	212	8.35	217	8.54	222	8.74
	1	50	1.96	200-205	7.87-8.07	195	7.36	200	7.87	205	8.07	210	8.27	215	8.46	220	8.66	225	8.86
	1 1/2	50	1.96	205-210	8.07-8.27	198	7.48	203	7.99	208	8.19	213	8.39	218	8.58	223	8.78	228	8.98
	2	55	2.16	210-215	8.27-8.46	201	7.60	206	8.11	211	8.31	216	8.50	221	8.70	226	8.90	231	9.1
	2 1/2	55	2.16	215-220	8.46-8.66	204	7.72	209	8.23	214	8.43	219	8.62	224	8.82	229	9.02	234	9.22
	3	60	2.36	220-225	8.66-8.86	207	7.83	212	8.35	217	8.54	222	8.74	227	8.94	232	9.13	237	9.34
ADULTS SIZES	3 1/2	60	2.36	225-230	8.86-9.06	210	7.95	215	8.46	220	8.66	225	8.86	230	9.06	235	9.25	240	9.46
	4	65	2.55	230-235	9.06-9.25	213	8.07	218	8.58	223	8.78	228	8.98	233	9.17	238	9.37	243	9.58
	4 1/2	65	2.55	235-240	9.25-9.45	216	8.19	221	8.70	226	8.90	231	9.09	236	9.29	241	9.49	246	9.7
	5	70	2.75	240-245	9.45-9.65	219	8.31	224	8.82	229	9.02	234	9.21	239	9.41	244	9.61	249	9.82
	5 1/2	70	2.75	245-250	9.45-9.84	222	8.43	227	8.94	232	9.13	237	9.09	242	9.53	247	9.72	252	9.94
	6	75	2.95	250-255	9.84-10.04	225	8.54	230	9.06	235	9.25	240	9.45	245	9.65	250	9.84	255	10.06
	6 1/2	75	2.95	255-260	10.04-10.24	228	8.66	233	9.17	238	9.37	243	9.57	248	9.76	253	9.96	258	10.18
	7	80	3.15	260-265	10.24-10.43	231	8.78	236	9.29	241	9.49	246	9.69	251	9.88	256	10.08	261	10.3
	7 1/2	80	3.15	265-270	10.43-10.63	234	8.90	239	9.41	244	9.61	249	9.80	254	10.0	259	10.02	264	10.42
	8	85	3.35	270-275	10.43-10.83	237	9.02	242	9.53	247	9.72	252	9.92	257	10.12	262	10.31	267	10.54
	8 1/2	85	3.35	275-280	10.83-11.02	240	9.13	245	9.65	250	9.84	255	10.04	260	10.24	265	10.43	270	10.66
	9	90	3.54	280-285	11.02-11.22	243	9.25	248	9.76	253	9.96	258	10.16	263	10.35	268	10.55	273	10.78
	9 1/2	95	3.74	285-290	11.22-11.42	246	9.69	251	9.88	256	10.08	261	10.28	266	10.47	271	10.66	276	10.86
	10	100	3.93	290-295	11.42-11.61	249	9.81	254	10	259	10.2	264	10.4	269	10.59	274	10.78	279	10.9
	10 1/2	105	4.13	295-300	11.61-11.81	252	9.93	257	10.12	262	10.32	267	10.52	272	10.70	277	10.9	282	11.1
	11	110	4.33	300-305	11.81-12.0	255	10.05	260	10.24	265	10.44	270	10.64	275	10.82	280	11.02	285	11.22

The figures are provided without consideration of toe pads.

## FOR FEET WITH LOW AND MEDIUM ARCH

Recommended lasts: Victory, 2007, SmartPointe

ATTENTION:

Size chart is provided as a reference and an approximate guide only and does not guarantee an exact or perfect fit.

The proper fit of pointe shoes depends on individual foot shape and toe pads used by dancer.

The recommended way to determine correct pointe shoe size is to be fitted in local shop.

ADULTS SIZES	Griegko® size	Vamp height		Foot length		Width (ball of foot circumference)													
						narrow				medium				wide					
		N		X		XX		XXX		XXXX		XXXXX		XXXXXX					
		mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches	mm	inches
ADULTS SIZES	1/2	45	1.77	195-200	7.68-7.87	192	7.24	197	7.76	202	7.95	207	8.15	212	8.35	217	8.54	222	8.74
	1	50	1.96	200-205	7.87-8.07	195	7.36	200	7.87	205	8.07	210	8.27	215	8.46	220	8.66	225	8.86
	1 1/2	50	1.96	205-210	8.07-8.27	198	7.48	203	7.99	208	8.19	213	8.39	218	8.58	223	8.78	228	8.98
	2	55	2.16	210-215	8.27-8.46	201	7.60	206	8.11	211	8.31	216	8.50	221	8.70	226	8.90	23	

## SOFT BALLET SHOES SIZE CORRESPONDENCE CHART

Category		Size			
		Foot length, mm	Foot length, inches	Street shoes size	Soft ballet shoes size
TODDLERS		145	5.75	23	27
		150	5.90	24	28
		155	6.10	25	28.5
		160	6.29	25.5	29
		165	6.49	26	30
KIDS (PRE-SCHOOL)		170	6.69	27	30
		175	6.88	28	31
		180	7.08	28.5	31.5
		185	7.28	29	32
		190	7.48	30	33
		195	7.67	31	34
		200	7.87	31.5	34.5
		205	8.07	32	34.5
KIDS (SCHOOL)		210	8.26	33	35
		215	8.46	34	36
		220	8.66	34.5	37
		225	8.85	35	37.5
		230	9.05	36	38
		235	9.25	37	39
		240	9.44	37.5	40
		245	9.64	38	40
		250	9.84	39	40.5
		255	10.03	40	41
ADULTS		260	10.23	40.5	42
		265	10.43	41	43
		270	10.62	42	43.5
		275	10.82	43	44
		280	11.02	43.5	45
		285	11.22	44	46
		290	11.41	45	46.5
		295	11.61	46	47

## SOFT BALLET SHOES FEATURES

Material	Color	Model								X-Stretch
		Little Star	Performance	Dream Stretch	Model X	Tempo	Synergy	Model 10		
Canvas	White	•	•		•	•	•	•		
	Ballet Pink	•	•		•	•	•	•		
	Black	•	•		•	•	•	•		
	Tan	•	•		•	•				
	Light Pink	•	•		•					
	Grey		•		•	•				
	Light Tan	•	•		•	•				
Stretch Canvas	Ballet Pink				•					•
	Tan				•					•
	Black				•					•
	White				•					•
Leather	White	•			•	•	•	•		
	Ballet Pink	•	•		•	•	•	•		
	Black	•			•	•	•	•		
Satin	White	•								
	Ballet Pink	•								
	Black	•								
Width	A	•	•	•	•	•	•	•	•	•
	B	•	•	•	•	•	•	•	•	•
	C		•	•	•	•	•	•	•	•
	D		•	•		•	•	•	•	•
	E		•		•	•	•	•	•	•
	F		•			•	•	•	•	•
Sole	Split	•	•	•	•	•	•	•	•	•
	Full	•								
Vamp	High	32-38		•		•	•	•	•	
	Low	26-32	•		•					•

Colors available on customer's request.

## LYRICAL / MODERN SHOES FEATURES

Material	Color	Model				
		Yana	Alina	Irina	Model 5	Dream-Turner
Leather	White		•			
	Ballet Pink		•		•	
	Black		•			
Canvas	White		•			
	Ballet Pink		•			
	Black		•			
Microfiber	Ballet Pink	•		•	•	
Polyamide	Beige					
Stretch Canvas	Ballet Pink					•
	Tan					•
	Black					
Vamp	High					•
	Low	•	•	•	•	

## LYRICAL / MODERN SHOES SIZE CORRESPONDENCE CHART

Grishko® size	Street shoes size
2XS	28-30
XS	31-32
S	33-34
M	35-36
L	37-38
XL	39-40
2XL	41-42

## SIZE CORRESPONDENCE CHART WARM-UP BOOTS

	Street shoes size / Grishko® size										
	31-32	33-34	34.5-35	36-37	37.5-38	39-40	40.5-41	42-43	43.5-44	45-46	
	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	
M-68/D	•	•									
M-68			•	•	•	•	•	•	•	•	
M-68/1			•	•	•	•	•	•	•	•	
M-68/1D	•	•									
M-75, M-75S			•	•	•	•	•				
M-76			•	•	•	•	•				

## WE WOULD LIKE TO THANK:

### AMBASSADORS

#### Yana Peneva

@yana\_.peneva  
Soloist with Mariinsky Ballet  
First place Tampa YAGP  
Shelley King Award

#### Alexei Orohovsky

@ballet\_alexei  
Soloist with the Mariinsky Ballet  
Graduate of the John Cranko School  
Gold Medalist at the USA International Ballet Competition  
Silver Medalist at the Helsinki International Ballet Competition  
Youth Grand Prix award winner at YAGP Finals.

#### Crystal Huang

@crystalhuangdance  
Prix de Lausanne Winner  
San Francisco Ballet School

#### Sally Caruso

@sally\_caruso\_dance  
Dance at Southland Ballet Academy  
LA Talent and LA models and International Contemporary  
Ensemble 3rd generation

#### Paris Sviago

@svigosparis  
NYU Tisch Dance

#### Fabrizio Xavier Ulloa Cornejo

@fabrizioouo  
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Royal Ballet School, London

#### Elizabeth Gray Rivers

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YAGP Finalist  
Southland Ballet Academy

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Osipova Ballet Academy in California, USA  
Prix de Lausanne Candidate 2026  
YGP Paris 1st Place '26  
YGP Italy 1st Place '25  
YAGP Youth Grand Prix Award '24, '25  
YAGP Finals Top-12 2024

#### Morgan Ligon

@morgan\_ligon  
Academie Princesse Grace in Monaco  
Yagp Finals 2023 Hope Award Winner  
Guest Artist Nervi Festival 2023

### INFLUENCERS

#### Madelyn Murphy

@Madelynmurphydancer  
The Sarasota Ballet  
YAGP 1st place  
YAGP 2nd place  
YAGP 3rd Place  
Festival Ballet Theater 15th Anniversary Gala  
Festival Milan Italy

#### Lola Sacks

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#### Michaela Cook

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Central Florida Ballet School (CFB)  
UBC Top 10 Classical and Contemporary 2024

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Orlando Dance Conservatory

#### Skylar Chu Robin

@the.ballet.twins

#### Mackenzie Chu Robin

@the.ballet.twins

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Fernando Alonso National Ballet  
Gold Medal at International Classical Ballet Competition  
YGP Finalist  
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Pro Del Talento Veracuzano

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